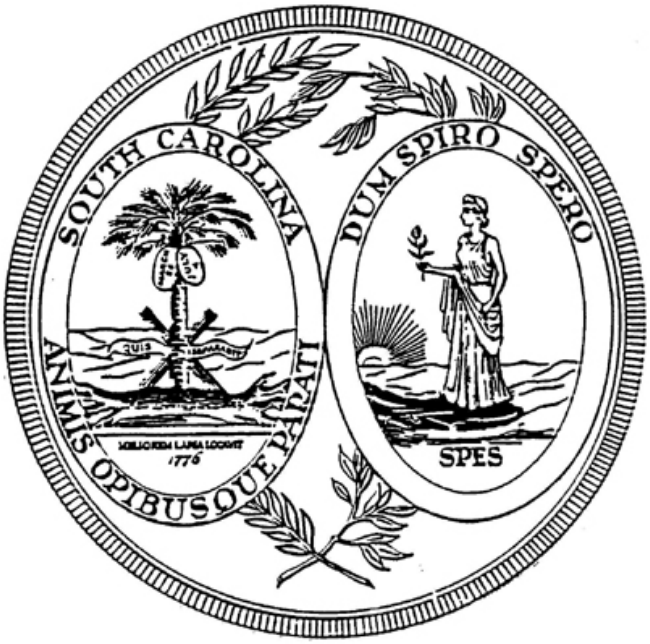

SOUTH CAROLINA DEPARTMENT OF MENTAL HEALTH

State Director John H. Magill

PATRICK B. HARRIS PSYCHIATRIC HOSPITAL

Hospital Director John Fletcher

Fall 2014

DMH MISSION: TO SUPPORT THE RECOVERY OF PEOPLE WITH MENTAL ILLNESSES.

Babcock Building Cupola

DMH OPERATES A NETWORK OF SEVENTEEN COMMUNITY MENTAL HEALTH CENTERS, 42 CLINICS, FOUR HOSPITALS, THREE VETERANS' NURSING HOMES, AND ONE COMMUNITY NURSING HOME.

DMH HISTORY AND DEMOGRAPHICS

South Carolina has a long history of caring for those suffering from mental illness. In 1694, the Lords Proprietors of South Carolina established that the destitute mentally ill should be cared for by local governments. The concept of "Outdoor Relief," based upon Elizabethan Poor Laws, affirmed that the poor, sick and/or disabled should be taken in or boarded at public expense. In 1762, the Fellowship Society of Charleston established an infirmary for the mentally ill. It was not until the 1800's that the mental health movement received legislative attention at the state level.

Championing the mentally ill, South Carolina Legislators Colonel Samuel Farrow and Major William Crafts worked zealously to sensitize their fellow lawmakers to the needs of the mentally ill, and on December 20, 1821, the South Carolina State Legislature passed a statute-at-large approving $30,000 to build the South Carolina Lunatic Asylum and a school for the 'deaf and dumb'. This legislation made South Carolina the second state in the nation (after Virginia) to provide funds for the care and treatment of people with mental illnesses.

The Mills Building, designed by renowned architect Robert Mills, was completed and operational in 1828 as the South Carolina Lunatic Asylum. The facilities grew through the decades to meet demand, until inpatient occupancy peaked in the 1960's at well over 6,000 patients on any given day. Since the 1820's, South Carolina state-run hospitals and nursing homes have treated approximately one million patients and provided over 150 million bed days.

In the 1920's, treatment of the mentally ill began to include outpatient care as well as institutional care. The first outpatient center in South Carolina was established in Columbia in 1923.

The 1950's saw the discovery of phenothiazines, "miracle drugs" that controlled many severe symptoms of mental illness, making it possible to "unlock" wards. These drugs enabled many patients to function in society and work towards recovery, reducing the need for prolonged hospitalization. Government support and spending increased in the 1960's. The South Carolina Community Mental Health Services Act (1961) and the Federal Community Health Centers Act (1963) provided more funds for local mental health care.

The South Carolina Department of Mental Health (DMH) was founded in 1964. In 1967, the first mental healthcare complex in the South, the Columbia Area Mental Health Center, was built. Since then, the Centers and clinics have served more than three million patients, and provided more than 42 million clinical contacts.

Today, DMH operates a network of 17 community mental health centers, 42 clinics, four hospitals, three veterans' nursing homes, and one community nursing home. DMH is one of the largest hospital and community-based systems of care in South Carolina.

DMH HOSPITALS AND NURSING HOMES
Columbia, SC
G. Werber Bryan Psychiatric Hospital
William S. Hall Psychiatric Institute (Child & Adolescents)
Morris Village Alcohol & Drug Addiction Treatment Center
C.M. Tucker, Jr. Nursing Care Center - Stone Pavilion (Veterans Nursing Home)
C.M. Tucker, Jr. Nursing Care Center - Roddey Pavilion
Anderson, SC
Patrick B. Harris Psychiatric Hospital
Richard M. Campbell Veterans Nursing Home
Walterboro, SC
Veterans Victory House (Veterans Nursing Home)

Patrick B. Harris Psychiatric Hospital
130 Highway 252 - Anderson, SC 29621
(864) 231-2600

Patrick B. Harris Psychiatric Hospital

Patrick B. Harris Psychiatric Hospital (HPH) is an acute care psychiatric inpatient facility located in Anderson. One of four hospitals run by the South Carolina Department of Mental Health (DMH), HPH is the only public psychiatric inpatient facility in the Upstate and serves 13 counties and the state's entire deaf population. The hospital provides intensive psychiatric diagnostic and treatment services.

In 1974, it was announced that HPH would be constructed in the Upstate, containing an initial 206 beds for adults, the elderly, and children. Anderson County, the geographic center of the Upstate catchment area at the time, was chosen as its location. Construction was completed in 1984.

The 167,255 square foot healthcare facility was constructed as one building, but is divided into smaller components. Living units known as "lodges" accommodate groups of 11 patients each and provide shared therapeutic space for normal daily living activities. Lodge "G" serves male acute care psychiatric patients, lodge "H" serves female acute care psychiatric patients, and lodge "K" is an intermediate care co-ed unit.

Common diagnoses on all three units are Schizophrenia, Bipolar Disorder, Major Depression, Anxiety Disorder, and Personality Disorder. Currently, the maximum occupancy at HPH is 121 beds.

The mission of HPH is to utilize a team approach for treatment planning, implementation, coordination of total care, and continuity of aftercare. These services are provided with the least amount of patient restriction and maximum opportunities for each person's recovery. At HPH, meeting patient and family needs is the top priority.

Medical treatments, therapy, meals, haircuts, laundry, and recreation are provided in-house. HPH's community areas, gymnasium, swimming pool, and on-site library provide recreational opportunities.

The facility is accredited by The Joint Commission, the Centers for Medicare and Medicaid Services, and the Department of Health and Environmental Control.

In December 1981, the Mental Health Commission voted to name the hospital in honor of then Representative Patrick B. Harris, an advocate and champion for the cause of the mentally ill and handicapped in South Carolina. Affectionately known as "Mr. Pat," Representative Harris served as an esteemed member of the SC House of Representatives for 27 years. He died in 2001 at the age of 90.

At HPH meeting patient and family needs is the top priority.

The hospital was named in honor of then Representative Patrick B. Harris, an advocate and champion for the cause of the mentally ill.

COUNTIES SERVED BY HPH		
Abbeville	Greenville	Pickens
Anderson	Laurens	Saluda
Cherokee	McCormick	Spartanburg
Edgefield	Oconee	Union
Greenwood		

JOHN FLETCHER, HOSPITAL DIRECTOR

John Fletcher,
Hospital Director

John Fletcher began working for DMH in 1985 at the South Carolina State Hospital in Columbia. In 1999, Fletcher came to HPH as acting director while DMH began the search for permanent leadership. After six months, Fletcher enjoyed the hospital and the local area so much, he decided to put his name in for consideration for the position. In January 2000, he accepted the position of hospital director.

The operating philosophy at HPH is that "it starts at the front gate." Fletcher ensures the facility is clean and well kept; staff supports one another and everyone works together to best meet patient needs by providing an environment of acceptance and personal dignity.

He is pleased to have so many long-term employees; some have been working at HPH for more than 26 years. "You can't buy experience like that," said Fletcher. "At HPH we believe that you don't work with the mentally ill to have a job, you work with the mentally ill because that is what you are 'called' to do."

Fletcher is proud to be a part of the coalition of the Upstate hospitals, noting that building relationships often results in increased medical care options for HPH's patients.

Fletcher's vision for the future of HPH includes a strong telepsychiatry program, which could allow screenings to occur earlier for prospective patients. According to Fletcher, HPH could become a major telepsychiatry hub, especially with the Greenville Hospital residency training program coming. As with most things, expansion in this field will depend on new or renewed funding sources.

"Ten years ago we rewrote our vision statement to be recognized locally, regionally, and nationally as a center of excellent care. At that time it seemed a pipe dream to be recognized regionally and nationally. But now that the hospital is partnering with a medical school and a residency program, as we start training physicians, we will evolve to that high standard of recognition. There is a strength that Mental Health can build upon through public-private partnerships. It's the way to go," said Fletcher.

> "THERE IS A STRENGTH THAT MENTAL HEALTH CAN BUILD UPON THROUGH PUBLIC-PRIVATE PARTNERSHIPS. IT'S THE WAY TO GO."
>
> **FLETCHER**

KAY L. SEYMOUR, DIRECTOR OF SOCIAL WORK

Kay L. Seymour,
Director of Social Work

Kay L. Seymour, LISW-CP, earned her Master's of Social Work degree from the University of South Carolina School of Social Work, and received extensive hours of individual supervision in order to become a Licensed Independent Social Worker in Clinical Practice. She has served as the director of Social Work for the past 12 years and, prior to this, was with the South Carolina Department of Social Services. A lifelong resident of South Carolina, she has spent the last 40 years serving the citizens of the place she fondly calls home.

The global mission of the Social Work Department is to function as a vital part of multi-disciplinary teams while ensuring the provision of the highest quality social work services to all patients, their families, the mental health centers in the geographical region served by Harris Psychiatric Hospital. Emphasis is focused on individual recovery by assisting patients with the attainment of their full biopsychosocial potential within community and family settings.

"We serve as advocates for patients in an effort to destigmatize emotional and behavioral illnesses. Treating individuals with dignity and respect is a core philosophy demonstrated by the strong work ethic throughout the HPH Social Work Department," said Seymour.

A vital function within the Social Work Department is the obligation to foster and advance the profession through the education of students in the field. HPH Social Workers work closely with the University of South Carolina and other educational

Kay L. Seymour, Director of Social Work

centers of excellence to provide internship placements for those obtaining a Master's in Social Work and related educational fields.

With the creation of the University of South Carolina School of Medicine, Greenville Hospital System Campus, the Department of Social Work at Harris Psychiatric Hospital is privileged to expand its educational role to include medical students and eventually psychiatry residents completing assigned rotations at HPH.

Theresa S. Bishop, MD, Director of Professional Services

Dr. Bishop, the newly hired Director of Professional Services at HPH, grew up in Long Island, NY. Although her first career goal was to be a waitress at a Friendly's restaurant, she began dreaming of becoming a physician while still in Junior High School. She credits her older sister, who is also a Physician, with being a positive influence on both her and her career choice.

An Army scholarship enabled Dr. Bishop financially to participate in Boston University's prestigious six-year accelerated BA/MD program. She earned her BA and MD simultaneously in 1989. From 1989 to 1993 she did a Categorical Internship in Psychiatry and her Residency in Psychiatry at Letterman Army Medical Center in San Francisco, CA. Hers was the last class to graduate from Letterman before the building was abandoned in 1994.

During her esteemed military service, Dr. Bishop practiced psychiatry in the 2nd Armored Division, Fort Hood, TX, and Walter Reed Army Medical Center in Washington, DC.

After leaving the military, Dr. Bishop spent more than ten years working locally as both Psychiatrist and Medical Director in Greenwood and Abbeville, SC.

Dr. Bishop's academic experience includes serving as the Walter Reed Army Medical Center Site Director for the National Capital Area Integrated Military Psychiatry Residency Program and Assistant Clinical Professor in Psychiatry at the Uniformed Services University of Health Sciences in Bethesda, MD. Teaching is dear to her heart and one of her greatest interests. She likes the fact that HPH partners with the University of South Carolina School of Medicine—Greenville at the Greenville Health System and the Edward Via College of Osteopathic Medicine in Spartanburg by participating in their psychiatry residency and medical student education programs. "Involvement in medical education helps us to provide better therapeutic care to fit patients' individual needs. It helps to keep us on our toes and current," she said. Another benefit of involvement in these programs is that it often leads to recruitment and retention of Psychiatrists, which are in short supply in the Upstate.

Dr. Bishop brings to the table vast medical, educational, and administrative experiences from a diverse variety of settings. "I've learned that as much as we would like to, we can't be all things to all people. But having compassion and empathy for those needing our services always helps. Harris Hospital's staff is a great team that's dedicated to providing outstanding patient care. That's the main focus that drives the work here. I like the campus and atmosphere at Harris Hospital and especially enjoy working with our hospital administrator, Mr. Fletcher," said Dr. Bishop.

According to Dr. Bishop, the greatest challenge faced by the State psychiatric hospitals, both Harris and the G. Werber Bryan Psychiatric Hospital, is meeting the needs of the aging population. "Patients with severe psychiatric diagnoses typically don't do well in community nursing homes and it's a challenge to care for the physical and medical needs of the elderly. But we are charged with that mission and my goal is to provide patients with the best care possible."

Dr. Theresa S. Bishop, Director of Professional Services

"Harris Hospital's staff is a great team that's dedicated to providing outstanding patient care."

Dr. Bishop

KEVIN BUSBY, DIRECTOR OF NURSING

Kevin Busby,
Director of Nursing

Kevin Busby, director of nursing since September of 2012, is dedicated to maintaining quality nursing care in a safe and therapeutic environment.

Diagnosed with childhood cancer at the age of 12, Busby was a patient at St. Jude's Hospital in Memphis, Tennessee. There, he saw nurses and doctors take excellent care of those too young to understand what was happening. That experience led him to enter the field of nursing.

In 2003, Busby began his career at HPH as a resource nurse responsible for the orientation and annual training of HPH nursing staff. According to Busby, that role has given him a great advantage in his new position as director of nursing, allowing him to get to know and form positive relationships with the entire nursing staff.

In addition, Busby brings extensive nursing experience and education to the table. He earned a Bachelor of science degree in Nursing from Lander University and a Master of Science in Nursing, Clinical Nurse Specialist, and Nurse Education from Clemson University.

Nurses provide direct patient care and patient education, including medication, diabetic care, coping skills, and more. The HPH Recovery Center, in operation since 2004, provides patient education in an off-lodge-classroom setting. The program generates about 800 progress notes per quarter, and about 40 new patients a month participate in classes that teach how to live a healthy lifestyle.

HPH has agreements with a variety of colleges and universities to provide learning environments for student clinical rotations. Each year, for nearly 20 years, approximately 150-200 students from three area nursing schools, Clemson, Tri-County Tech, and Piedmont Tech, complete psychiatric nursing rotations at HPH. Though it takes time to teach students in the midst of a patient care environment, failure to invest that time could ultimately lead to a devastating shortage of behavioral health clinicians.

Busby expects honor, integrity, and dependability from himself and the nurses he supervises. "My team is reliable and highly trained. I have faith and trust in their ability; I sleep peacefully at night because I know Harris Hospital clients are receiving compassionate care," said Busby.

"I get to teach, coach, enable, and influence the staff who serve the most vulnerable of populations. This is my ultimate calling in life."

EACH YEAR, APPROXIMATELY 150-200 STUDENTS FROM THREE AREA NURSING SCHOOLS COMPLETE PSYCHIATRIC NURSING ROTATIONS AT HPH.

ACTIVITY THERAPY AND RECREATION

Susan Williams,
Activity Therapy Director

Led by Activity Therapy Director Susan Williams, HPH offers Recreation and Music Activity Therapy. Staff therapists conduct goal-oriented therapeutic groups, and assess and document patient progress.

Based on clinical needs, patients take part in Independent Living Skills, Music Therapy, Gardening, Aerobics, Weight Lifting, Life Management, Sports, Crafts, Community Reintegration and more. HPH recreation specialists conduct monthly, hospital-wide, special events for patients, like volleyball tournaments, dances, carnivals, super BINGO games, and field days.

Another therapy program, Adult Community Education Skills, or ACES, takes patients on off-lodge trips to places like the zoo, the mall, and the bowling alley.

According to Williams, the goal is to maintain an environment that provides the opportunity for patients to reach their maximum potential.

Allen McEniry, Chief Operating Officer

Since 2008, Allen McEniry has served has Chief Operating Officer of HPH.

Tests taken during high school pointed out his aptitude for the ministry and the military. He joined the R.O.T.C. and later the Army. He obtained a bachelor's degree in Industrial Management from the Georgia Institute of Technology and a master's degree in Business Administration from Palm Beach Atlantic University. He draws on his extensive supervisory and military experience to plan and lead effectively, but his aptitude for the ministry allows him to perform his job with caring and compassion.

"Patrick Harris has a collegial environment. The doctors, nurses, social workers, all work together amicably. There are no turf wars. Everyone works together. During emergencies I've even seen Director Fletcher serve food and wash dishes," said McEniry.

"I try not to lose sight of the fact that a patient could be my father, or mother, or sister or brother." Because one in four adults experience a mental health disorder in a given year, mental illness affects everyone in one way or another.

"I have a passion for helping those with acute mental illness, which makes coming to work a joy. I've seen how mental health treatment can greatly benefit people's lives and I'm proud to be a part of that," he said. "The adjectives that best describe HPH and its staff are: caring, compassionate, effective, and necessary."

Allen McEniry,
Chief Operating Officer

Public-Private Partnership Increases HPH Capacity

In 2011, DMH sponsored a series of meetings at HPH that brought together the leadership of local community hospitals, mental health centers, drug and alcohol commissions, two state agencies (DMH and DAODAS) and the South Carolina Hospital Association.

Developing from those collaborative discussions were advances in telepsychiatry evaluations, jointly funded emergency department clinicians at three different community hospitals and a spirit of cooperation and trust that continues to produce new initiatives.

In 2012, AnMed Health (AnMed) and HPH developed the idea of private practice psychiatrists in Anderson providing psychiatric coverage for acute patients at HPH. The original idea was to cover the AnMed Emergency Department, but leadership at AnMed, COO Bill Manson and VP Tina Jury, wisely decided to include regional partners at Oconee Memorial, Cannon Memorial and Baptist-Easley in the Anderson, Oconee, Pickens coverage plan.

In 2013, the contract between AnMed and HPH was initiated and provided availability for up to 15 additional patients to be admitted to HPH. Psychiatric coverage is provided by four psychiatrists on rotation to allow for equal caseload distribution. Since inception, this unique public-private partnership has provided care for more than 325 patients.

"We looked outside the normal system for creative ideas to answer some of our problems. The work of John Fletcher and Tina Jury has made this possible. Over all, I think the partnership is helpful to our hospital and the other hospitals involved." said Manson.

The partnership has been so successful that HPH patient capacity has increased by 20 beds, and Spartanburg Regional Hospital was added to the list of partners.

Without this public-private partnership, patients waiting for admission to HPH from partner hospitals would have waited days longer for acceptance. The additional 20 beds covered by the private psychiatrists are the difference between patients being housed in an emergency department versus timely admission to appropriate inpatient psychiatric care.

Tina Jury,
AnMed Health
Vice President

Bill Manson,
AnMed Health
Chief Operating Officer

DMH South Carolina Department of Mental Health

To support the recovery of people with mental illnesses.

SC Department of Mental Health

2414 Bull Street
Columbia, South Carolina 29201

Phone: (803) 898 - 8581

WWW.SCDMH.ORG

Patrick B. Harris Psychiatric Hospital

130 Highway 252
Anderson, SC 29621
(864) 231-2600

WWW.PATRICKBHARRIS.COM

Recovery Spotlight – By Jacqueline

For me, mental illness progressed over time. It started fairly young when I started getting molested by my cousin, who I called uncle because he was that much older that I. Every year that it happened caused me to suppress my feelings of hurt guilt and shame.

I was seven and I just didn't know what to do, but one thing was for sure, there was definitely something wrong with my behavior in class. They called it needs improvement in self control. I always had that "talks too much" and "lacks self control" report after each quarter, which I dreaded because I feared a belt each time by my dad, who I love, but who thought whippings were the answer. He didn't know that his little girl was going through something far deeper on the inside than anyone could know, living with torment.

I was always pretty smart, but I began displaying behaviors of a "class clown." For me, I think that making people laugh is somewhat a part of my fear of them disapproving of me, but I've learned how to do it so well I don't have to worry about how to make others laugh.

During trips to the Bahamas I made others laugh, but that's also where the molestation happened. So in essence, for me, the symptoms started around seven and I just dealt with my pain by smoking pot and drinking with friends.

People recognized I had some 'crazy' in me but in N.Y. it was pretty normal-except in class, there it was not accepted. I was bullied a lot in school.

They noticed strange behavior recently, and, at the age of 31, I wrote grandiose thoughts on walls. I frightened people with threats, just like I did when I was growing up. There really hasn't been a time when I have not experienced difficulties but I see a light to getting better. My diagnosis is Bipolar.

Living with this mental illness is fine as long as I take my medicine. Taking my medicine helps relieve stress. I think it took all of the 30 years to experience an emotional breakdown to where I've been noticed and able to get help. I can tell a difference in the way my brain functions when taking my medication.

My suggestions to others with mental illness:

1. Do not be ashamed.
2. Seek help.
3. Get relief through positive outlets, such as taking medication as prescribed by your doctor, talking with your therapist, or even talking to a Crisis Line.
4. Learn about your diagnosis.

The most important thing in your recovery is You.

Authors: Melanie Ferretti and John Fletcher

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