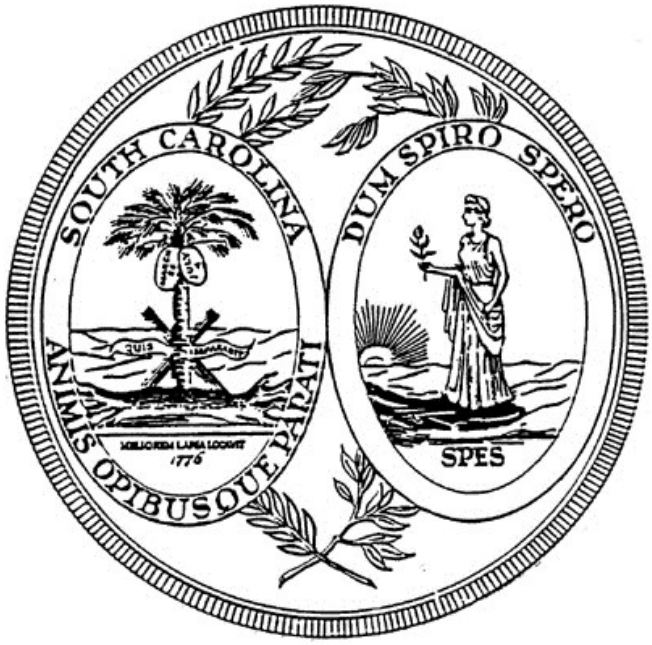


SOUTH CAROLINA DEPARTMENT OF MENTAL HEALTH

STATE DIRECTOR JOHN H. MAGILL

COLUMBIA AREA MENTAL HEALTH CENTER

EXECUTIVE DIRECTOR DENISE MORGAN

May 2018

DMH HISTORY AND DEMOGRAPHICS

DMH OPERATES A NETWORK OF 17 COMMUNITY MENTAL HEALTH CENTERS, 43 CLINICS, FOUR HOSPITALS, THREE VETERANS' NURSING HOMES, ONE COMMUNITY NURSING HOME, A FORENSIC PROGRAM, AND A SVPTP.

DMH HOSPITALS AND NURSING HOMES
Columbia, SC
G. Werber Bryan Psychiatric Hospital
William S. Hall Psychiatric Institute (Child & Adolescents)
Morris Village Alcohol & Drug Addiction Treatment Center
C.M. Tucker, Jr. Nursing Care Center - Stone Pavilion (Veterans Nursing Home)
C.M. Tucker, Jr. Nursing Care Center - Roddey Pavilion
Anderson, SC
Patrick B. Harris Psychiatric Hospital
Richard M. Campbell Veterans Nursing Home
Walterboro, SC
Veterans Victory House (Veterans Nursing Home)

South Carolina has a long history of caring for those suffering from mental illness. In 1694, the Lords Proprietors of South Carolina established that the destitute mentally ill should be cared for by local governments. The concept of "Outdoor Relief," based upon Elizabethan Poor Laws, affirmed that the poor, sick and/or disabled should be taken in or boarded at public expense. In 1762, the Fellowship Society of Charleston established an infirmary for the mentally ill. It was not until the 1800's that the mental health movement received legislative attention at the state level.

Championing the mentally ill, South Carolina Legislators Colonel Samuel Farrow and Major William Crafts worked zealously to sensitize their fellow lawmakers to the needs of the mentally ill, and on December 20, 1821, the South Carolina State Legislature passed a statute-at-large approving $30,000 to build the South Carolina Lunatic Asylum and a school for the 'deaf and dumb'.

The Mills Building, designed by renowned architect Robert Mills, was completed and operational in 1828 as the South Carolina Lunatic Asylum. The facilities grew through the decades to meet demand, until inpatient occupancy peaked in the 1960's at well over 6,000 patients on any given day. Since the 1820's, South Carolina state-run hospitals and nursing homes have treated approximately one million patients and provided over 150 million bed days.

In the 1920's, treatment of the mentally ill began to include outpatient care as well as institutional care. The first outpatient center in South Carolina was established in Columbia in 1923.

The 1950's saw the use of phenothiazines, "miracle drugs" that controlled many severe symptoms of mental illness, making it possible to "unlock" wards. These drugs enabled many patients to function in society and work towards recovery, reducing the need for prolonged hospitalization. Government support and spending increased in the 1960's. The South Carolina Community Mental Health Services Act (1961) and the Federal Community Health Centers Act (1963) provided more funds for local mental health care.

The South Carolina Department of Mental Health (DMH) was founded in 1964. In 1967, the first mental healthcare complex in the South, the Columbia Area Mental Health Center, was built. Since then, the Centers and clinics have served more than three million patients, and provided more than 45 million clinical contacts.

Today, DMH operates a network of 17 community mental health centers, 43 clinics, four hospitals, three veterans' nursing homes, one community nursing home, a Forensic Program, and a Sexually Violent Predator Treatment Program (SVPTP). DMH is one of the largest hospital and community-based systems of care in South Carolina.

In response to community needs, DMH has developed multiple innovative blue-ribbon programs. As of May 2018, DMH's School Mental Health Services has embedded mental health professionals in 600+ public schools and serves approximately 13,000 children per year. The Emergency Department (ED) Telepsychiatry program utilizes state of the art equipment that allows doctors to see, speak with, and evaluate patients from remote locations. It is currently located in 20+ EDs and has provided 40,000+ evaluative consultations. DMH also operates an extensive Community-based Telepsychiatry Program throughout the State.

DMH MISSION: TO SUPPORT THE RECOVERY OF PEOPLE WITH MENTAL ILLNESSES.

Columbia Area Mental Health Center
2715 Colonial Drive
Suite 100B
Columbia, SC 29203
(803) 898-4800
(803) 898-8888 (Crisis Line)
Counties Served: Richland and Fairfield

Columbia Area Mental Health Center

One of the first public laws addressing community mental health services was passed in 1952. Less than a year later, in October 1953, the Richland County Mental Health Clinic (RCMHC) opened, and, within a year, was seeing patients from 17 surrounding counties.

In 1967, RCMHC was certified as the first 'comprehensive community mental health center' in the southeast, and the Columbia clinic changed its name to Columbia Area Mental Health Center (CAMHC). In order to qualify for this designation, the Center had to meet federal standards for a wide range of services. Since the most visible community mental health component to people in the community is 24-hour emergency services, the Center contracted to pay part of the salaries of four emergency room physicians at the county general hospital (now Palmetto Health Richland). These doctors, acting for the Center, provided round the clock emergency psychiatric screening services.

In 1977, CAMHC was one of 12 centers in the country to be fully accredited as a 'Psychiatric Facility' by the Joint Commission on the Accreditation of Hospitals (JCAHO). Also that year, the Winnsboro satellite office was opened, where clinicians from the Columbia office provided services for children and adults five days per week.

CAMHC currently provides outpatient mental health services to Richland and Fairfield County residents in response to public mandates and identified needs. Priority is given to adults with serious and persistent mental illnesses, to seriously emotionally disturbed children and adolescents and their families, and to persons experiencing psychiatric emergencies. From crisis to intensive to forensic to clinic services, Center programs focus on stabilizing clients, keeping them out of the hospital, and supporting them in living productive lives in the community.

The Center was awarded its first Commission on Accreditation of Rehabilitation Facilities (CARF) accreditation in 1998, and it is currently CARF accredited for Community Integration, Supported Living, and Outpatient Treatment (Adults), Outpatient Treatment (Children and Adolescents), and Crisis Intervention (Children and Adolescents and Adults).

CAMHC partners with various community organizations, such as Richland County schools, Palmetto Health, Alvin S. Glenn Detention Center, and Lexington/Richland Alcohol and Drug Abuse Council (LRADAC). Center staff members are actively involved in educational programs and advocacy efforts throughout the community.

Center programs focus on stabilizing Patients, keeping them out of the hospital, and supporting them in living productive lives in the community.

DENISE MORGAN - CAMHC EXECUTIVE DIRECTOR

Denise Morgan
CAMHC Executive Director

Born and raised in Columbia, Denise Morgan was the youngest of three sisters. After matriculating through Irmo schools, Morgan graduated with a B.S. in Sociology from Charleston Southern University. A few years later, she earned her M.Ed. at night from the University of South Carolina while working full-time.

Morgan's career with CAMHC began when she accepted a position in the Community Liaison unit, a community outreach program. She then worked in two clubhouse programs and was promoted to coordinator of Rosewood Clubhouse. After 12 years there, Morgan was excited to take over the Chief Hospital Liaison position. In 2012, she coordinated the consolidation and move of Intake Services to the Emergency Services unit, and in October 2013, Morgan assumed responsibility for Emergency Services, which includes the Emergency Services unit, the Behavioral Health team in Palmetto Richland's emergency department, and crisis on-call services. In February 2016, she was promoted to director of Clinical Operations and to interim executive director June 2017. On October 2, 2017, Morgan was selected as the Center's new executive director.

Morgan believes her 32 years of experience in programs throughout the Center prepared her well for her new role as executive director. Through community outreach to hospitals and other community organizations, she developed relationships with community partners who can assist patients with housing, employment, and primary health care. By working in and running clubhouse programs treating very sick patients, Morgan learned management and organizational skills. In addition to managing the Center's relationship with 52 community care homes, as hospital liaison, Morgan screened patients to be discharged from area and DMH hospitals and released from jails and prisons. By supervising Emergency Services, the gateway to adult services at the Center, she increased her knowledge of in-patient and forensic services.

As the new executive director, Morgan examines operational trends and reports and strives to improve operations to meet current and future needs of patients and the community. Ensuring the safety of patients and staff is a top priority. In addition, she plans to expand both Adult Mental Health Court and School Mental Health Services.

JOHN H. HUTTO - CHAIR, CAMHC BOARD OF DIRECTORS

John Hutto Chair,
CAMHC Board of
Directors

After living in Denmark, SC, New Orleans, LA, Ruston, LA, John Hutto's father moved his family to Charleston when he accepted a position as Minister of Music at the historic Citadel Square Baptist Church.

After graduating from high school, Hutto earned a B.A. in English from Wingate College and an M.A. in American Literature from the University of South Carolina. He taught English at the University of Tennessee-Knoxville and Paine College in Augusta, GA. In 1977, Hutto moved to Columbia after accepting an advertising job in the Marketing Department of Policy Management Systems, Inc.

John joined the DMH state office staff as director of Public Information in 1996. In this position, he worked closely with center directors and Boards on how to communicate with the media, traced mental health legislation, traveled the state with DMH State Director John Magill conducting public information meetings, acted as primary DMH spokesperson with the media, developed public information campaigns to eliminate stigma, and developed a crisis communication plan. Hutto retired in August 2008.

Hutto said he's the having the time of his life in retirement, stating "the key is having the right spouse." He and his wife walk daily with their shih tzus Archie and Dixie, visit their vacation home on Lake Lure on weekends, and read a lot on their Kindles.

L. Gregory "Greg" Pearce, Jr., - Richland County Council

After a 35-year career with DMH, Richland County Councilman Greg Pearce says he "facilitated" himself out of a job. As the last facility director of Crafts-Farrow State Hospital, Pearce was involved in the early initiatives to downsize DMH hospitals and transfer patients into the community. Knowing he wanted to work in public service and continue to help people, Pearce ran for Richland County Council after he retired. When elected, the Council wanted to fund a $2 Million expansion of the Alvin S. Glenn Detention Center. Pearce explained that "people with mental illness were committing minor crimes that were filling up the jails. Why not deal with the mental illness and keep from expanding the jail?" The Council took his advice and funded DMH instead.

Born and raised in Columbia, Pearce graduated from Presbyterian College with a bachelor's degree in Psychology and earned a master's degree in Counseling from the University of South Carolina. The day after he graduated from high school at age 17, he started a "summer student program" with DMH for college-bound high school graduates, who filled-in for mental health specialists on vacation. Pearce said he "fell in love" with mental health work and continued working summers at the SC State Hospital throughout college. After graduation, DMH hired him and paid for his graduate education. Pearce worked as a psychologist, the program director of the Developmental Disabilities Unit, and facility director of the Crafts-Farrow State Hospital.

Pearce feels community services and support are seriously backsliding and that Mental Health is not funded at appropriate levels. If funding from the Legislature increased, Pearce would recommend giving the bulk of it to community care for people with mental illness. Pearce believes there is a small percentage of individuals who will never be able to function successfully within the community and that DMH needs a 200-300 bed long-term care facility "to give acute hospitals a chance to ***be*** acute hospitals."

L. Gregory Pearce, Jr., Richland County Council

> "I have had the benefit of watching mental health care move from custodial care with limited treatment options to where we are today with people based in the community in a normal living situation."
>
> Pearce

Jennifer Butler - Chief Operations Manager for Adult Intensive Services

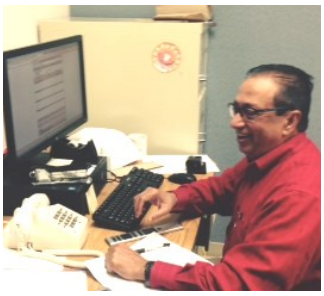
While growing up in Easley, SC, Jennifer Butler always wanted to be a teacher. However, she found her true calling at Winthrop University and graduated with a bachelor's in Social Work. After college, Butler worked in the inpatient psychiatric unit at Rock Hill's Piedmont Medical Center where she "learned a lot about inpatient and outpatient care."

Butler then became a case manager for Community Long Term Care, working with 150-170 elderly, disabled, and HIV-positive patients across three counties. Attacked by a rooster on a home visit, Butler said the job was interesting but very difficult; five of her clients died of natural causes during her time there. After moving to Columbia to earn an master's in Social Work from University of South Carolina, Butler planned to follow in her father's footsteps and join the Air Force as a medical social worker. Instead, she took a job with DMH in the brand new Sexually Violent Predator Treatment Program (SVPTP). The second person hired into the Program, she helped develop the curriculum and went through extensive training throughout the southeast. While working full-time at SVPTP, Butler also worked nights at Bryan Psychiatric Hospital and weekends at Lexington Medical Center's emergency department. Jennifer joined CAMHC's Dialectical Behavior Therapy (DBT) program 19 years ago.

Currently, Butler is the chief operations manager for the Behavioral Therapy Program (DBT, Suicide Prevention, Solution Focused Therapy, Art Therapy, and other general therapies) and the Rehabilitation Support Services intensive program. In addition to working at the Center, Butler teaches in Winthrop's weekend MSW program. For stress relief, she likes to bake and make candy. "I am blessed beyond measure to be doing what I love," stated Butler.

Jennifer Butler, Chief Operations Manager for Adult Intensive Services

COMMUNITY TELEPSYCHIATRY COMES TO CAMHC



Dr. Mayank Dalal at his Columbia office working with patients at other SC DMH Centers.

DMH developed a statewide telepsychiatry program to help address the shortage of psychiatrists in rural areas of SC. All DMH Centers have the capability to deliver psychiatric assessment and treatment via telemedicine. In addition, weekly, the Center videoconferences staff participation in Richland County Probate Court commitment hearings from Insights Young Adult Program as well as the Emergency Services unit.

Instead of traveling to Winnsboro to treat Fairfield patients, Dr. Brittany Peters sits in her Columbia clinic office, set up with a high definition monitor, video camera, and computer. She connects to the Fairfield Clinic, pulls up the Electronic Medical Record, and is ready to meet with patients and their families.

At the appointed time, the patient and family member are escorted to an office in the Fairfield Clinic set up with a high definition monitor and zoom camera that Dr. Peters controls.

USC School of Medicine General Psychiatry residents use a CAMHC office every Thursday of their eight-week rotation. Mentored by Brenda Ratliff, MD, the residents provide assessments to patients in hospital emergency departments statewide.

On Tuesdays and Thursdays, Shilpa Srinivasan, MD, Associate Professor of Clinical Neuropsychiatry of the USC School of Medicine, provides assessments of walk-ins in Emergency Services. An office in Emergency Services is equipped with a high definition monitor and a zoom camera. Dr. Srinivasan's office at the USC School of Medicine is equipped with a DMH network presence so she can connect to the Center's Emergency Services unit. DMH Medical Director Bob Bank, MD, hopes this will lead to other faculty members providing more services to CAMHC patients.

HEATHER SMITH – METROPOLITAN CHILDREN'S ADVOCACY

Heather Smith, Metropolitan Child Advocacy Center

CAMHC's Chief Mental Health Counselor Heather M. Smith received the Victims' Rights Week 2017 Distinguished Humanitarian Award April 12, 2017. As an expert witness in criminal trials, Smith helps juries understand the complexity of sexual abuse crimes. In their nomination letter, the Eleventh Judicial Circuit Solicitor's Office stated, "Her expertise and knowledge have proven invaluable in the pursuit of justice for child victims…This award is designated for someone who has 'dedicated their life to victim services.' This description epitomizes Heather Smith and her lifelong devotion to treating, supporting, and uplifting survivors of child abuse."

Smith said her mother instilled in her the importance of service from a young age. That desire to "give back" along with a high school psychology class led her to a career working with and advocating for vulnerable children. After earning a dual degree in Psychology and Anthropology from USC and working with foster children at the Carolina Children's Home, Smith earned a master's in Rehabilitation Counseling from USC. While in the master's program, she interned at the Metropolitan Children's Advocacy Center (Met CAC), a child advocacy center whose mission is to conduct forensic interviews and medical exams of children referred by local law enforcement and Richland County Department of Social Services due to allegations of abuse. Employed with Met CAC since 2004, Smith conducts forensic interviews, coordinates treatment services, provides statewide training on forensic interviewing techniques, and testifies as an expert witness on child abuse and sexual assault in family and criminal court. Smith's expertise and commitment led to her partnering with the FBI and US Department of Justice to present on interviewing child victims at trainings in Africa, Central America, and Thailand.

Met CAC Director Alicia Benedetto, Ph.D., stated, "Heather's knowledge, experience, and professionalism are part of what makes her an excellent interviewer, clinician, and expert witness. The other part is her genuine desire to promote the welfare of the children and families whose lives her work touches. She is a humanitarian in the truest sense of the word."

Maggie Johnson: CAMHC 2017 Employee Of The Year

Maggie Johnson, 2017 CAMHC Employee of the Year

Maggie Johnson, DNP, was born in Aruba to parents who met, fell in love, and married there while working for the Army Corp of Engineers. Her family moved to her father's hometown, Columbia, SC, when she was one year old.

After graduating from Brookland-Cayce High School and Sweet Briar College with a B.A. in Psychology, Johnson accepted a job as a clinical counselor in a children's ward at the SC State Hospital. Her love of this work led her to follow in her mother's footsteps and pursue a nursing career.

Her love of learning led Johnson to earn an A.A. and a B.S. in Nursing, become certified as a Clinical Nurse Specialist-Psychiatry/Behavioral Health, earn a Doctor of Nurse Practice (while working full-time), and become certified as a Psychiatric Nurse Practitioner. During her 30+ year career in psychiatric nursing, Johnson worked as a nurse at Palmetto Richland Hospital and Bryan Psychiatric Hospital, as nursing director at CAMHC, as a faculty member at USC College of Nursing, and as a Nurse Practitioner at the USC Student Health Center and Mental Illness Recovery Center. Since rejoining CAMHC in 2015, Johnson has worked with patients located at Carter Street Residential Program, Adult Clinic Services, Insights Young Adult Program, Homeshare, and the Lower Richland Clinic.

A co-worker says of Johnson, "Her schedule is always full! Even with her busy schedule, if a case manager or nurse calls about a patient, she ALWAYS finds time to work the patient into her schedule. And she is SO good with the patients. I've seen her hold a patient's baby during a PMA (Psychiatric Medical Assessment), buy diapers for a struggling young mom, confront an addict in denial, be patient with a delusional patient, and calmly de-escalate a psychotic patient…Maggie is willing to stay busy and see lots of patients because she genuinely cares for each of them."

Kathy Hugg—Director of Community Outreach and Special Populations

Kathy Hugg, Director of Community Outreach and Special Populations

Kathy Hugg, director of Community Outreach and Special Populations, began her career with CAMHC in 2002 with New Horizons Day Treatment Program for adults.

One of her youngest patients, aged 21, had his first psychotic episode while in college. After he was hospitalized, he attempted college again with no success. When Hugg met him, he was living in a community care home and attending a day program, both with much older people. His dreams were to live independently, own a car, go to school, and work—what most people want in life. However, Hugg said she had a hard time getting him to believe that recovery was possible. She spent lots of one-on-one time with him and even took him to tour the Midlands Technical College campus. This patient was Hugg's inspiration for proposing a young adult program for patients aged 18-30 years old at CAMHC. Her proposals were accepted and funded, and the Insights Young Adult Program opened its doors in January of 2008. Originally designed to serve up to 60 patients, Insights provided 11,018 services to 517 patients during FY 2017.

From 2015-2017, Hugg also supervised the Homeless Outreach and Forensic Services programs while continuing to manage Insights. Hugg now manages the Lower Richland Clinic while continuing to lead the Insights program.

Born and raised in Spartanburg, Hugg graduated from Lander University with a bachelor's degree in Psychology, and from the USC School of Medicine with a master's degree in Rehabilitation Counseling. Until she started her career in Mental Health, Hugg wanted to work in a hospital with children and their families as a child life specialist. However, a 'psychiatric track' scholarship she was awarded while at USC required her to work in the mental health field for four years. She quickly learned that she "got it" and that Mental Health was a good fit for her.

Oh, and the young patient who inspired the Insights program? He now lives independently, owns a car, finished college, has a job, and is now happily married.

DMH South Carolina Department of Mental Health

To support the recovery of people with mental illnesses.

SC Department of Mental Health

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Columbia, South Carolina 29201

Phone: (803) 898 - 8581

WWW.SCDMH.ORG

Columbia Area Mental Health Center

2715 Colonial Drive
Suite 100B
Columbia, SC 29203

Administration - (803) 898-4800
Crisis Line - (803) 898-8888

Fairfield County Office

1073 US Highway 321 Bypass
Winnsboro, SC 29180
(803) 635-4689

WWW.COLAMHC.ORG

Recovery Spotlight – Edmond D., Jr.

I came from a small town and grew up thinking I could be a teacher. I went to college and wound up working in the management field instead; that took up a lot of my time. I married at 21, but realized that I wasn't happy. I was having a difficult time feeling accepted by family and friends from church. I wasn't able to achieve what I thought were healthy relationships.

To comfort myself, I turned to alcohol and drugs. I thought they could help me deal with personal issues and my deepening depression. It only resulted in job loss. I recognized that I had a problem and, being a resourceful guy, I got help and went to rehab to help me move forward with my life. The problem was that I didn't deal with my fear or anger, and I relapsed, moving on to even harder drugs I thought could help me deal with my anger, pain, fear, and shame. I went to programs but didn't work them. Fortunately, I didn't give up on myself, and through faith and help from the mental health system and alcohol and drug abuse programs, I began to improve. My relationships with both my biological and church families were strengthened. I understood that I had an addiction and needed help and understanding in how to deal with life.

Today, I attend 12-step meetings, have a sponsor and a good support network, and go to recovery meetings at my church. I have recently returned to the workforce after a two-and-a-half year absence. I have a good outlook on life and know, with the help of Christ and my family and friends, that I can not only face my own fears, but also help others around me. I currently have 28 months of recovery, and I am just taking things one day at a time. With recovery, I have been able to purchase a car, and move forward with my life.

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