

**SOUTH CAROLINA DEPARTMENT OF MENTAL HEALTH
STATE DIRECTOR JOHN H. MAGILL**

**PIEDMONT CENTER FOR MENTAL HEALTH SERVICES
EXECUTIVE DIRECTOR JOE JAMES**

October 2015

DMH OPERATES A NETWORK OF 17 COMMUNITY MENTAL HEALTH CENTERS, 43 CLINICS, FOUR HOSPITALS, THREE VETERANS' NURSING HOMES, ONE COMMUNITY NURSING HOME, A FORENSIC PROGRAM, AND A SVPTP.

DMH HOSPITALS AND NURSING HOMES

Columbia, SC

G. Werber Bryan Psychiatric Hospital

William S. Hall Psychiatric Institute (Child & Adolescents)

Morris Village Alcohol & Drug Addiction Treatment Center

C.M. Tucker, Jr. Nursing Care Center - Stone Pavilion (Veterans Nursing Home)

C.M. Tucker, Jr. Nursing Care Center - Roddey Pavilion

Anderson, SC

Patrick B. Harris Psychiatric Hospital

Richard M. Campbell Veterans Nursing Home

Walterboro, SC

Veterans Victory House (Veterans Nursing Home)

DMH HISTORY AND DEMOGRAPHICS

South Carolina has a long history of caring for those suffering from mental illness. In 1694, the Lords Proprietors of South Carolina established that the destitute mentally ill should be cared for by local governments. The concept of "Outdoor Relief," based upon Elizabethan Poor Laws, affirmed that the poor, sick and/or disabled should be taken in or boarded at public expense. In 1762, the Fellowship Society of Charleston established an infirmary for the mentally ill. It was not until the 1800's that the mental health movement received legislative attention at the state level.

Championing the mentally ill, South Carolina Legislators Colonel Samuel Farrow and Major William Crafts worked zealously to sensitize their fellow lawmakers to the needs of the mentally ill, and on December 20, 1821, the South Carolina State Legislature passed a statute-at-large approving \$30,000 to build the South Carolina Lunatic Asylum and a school for the 'deaf and dumb'.

The Mills Building, designed by renowned architect Robert Mills, was completed and operational in 1828 as the South Carolina Lunatic Asylum. The facilities grew through the decades to meet demand, until inpatient occupancy peaked in the 1960's at well

over 6,000 patients on any given day. Since the 1820's, South Carolina state-run hospitals and nursing homes have treated approximately one million patients and provided over 150 million bed days.

In the 1920's, treatment of the mentally ill began to include outpatient care as well as institutional care. The first outpatient center in South Carolina was established in Columbia in 1923.

The 1950's saw the use of phenothiazines, "miracle drugs" that controlled many severe symptoms of mental illness, making it possible to "unlock" wards. These drugs enabled many patients to function in society and work towards recovery, reducing the need for prolonged hospitalization. Government support and spending increased in the 1960's. The South Carolina Community Mental Health Services Act (1961) and the Federal Community Health Centers Act (1963) provided more funds for local mental health care.

The South Carolina Department of Mental Health (DMH) was founded in 1964. In 1967, the first mental healthcare complex in the South, the Columbia Area Mental Health Center, was built. Since then, the Centers and clinics have served more than three million patients, and provided more than 42 million clinical contacts.

Today, DMH operates a network of 17 community mental health centers, 43 clinics, four hospitals, three veterans' nursing homes, one community nursing home, a Forensic Program, and a Sexually Violent Predator Treatment Program (SVPTP). DMH is one of the largest hospital and community-based systems of care in South Carolina.

In response to community needs, DMH has developed multiple innovative blue-ribbon programs, two of which are its School-based program and its Telepsychiatry program. As of August, 2015, DMH's School-based program has mental health professionals embedded in approximately 500 public schools and serves 13,000 children per year. The Telepsychiatry program, which utilizes state of the art equipment that allows doctors to see, speak with, and evaluate patients from remote locations, is currently located in 21 emergency departments and has provided almost 25,000 consults.

**DMH MISSION:
TO SUPPORT THE RECOVERY OF PEOPLE WITH MENTAL ILLNESSES.**



PIEDMONT CENTER FOR MENTAL HEALTH SERVICES

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 Simpsonville, SC 29681
 (864) 963-3421
 (866) 949-1319 (Crisis Line)

County Served: South Greenville County

PIEDMONT CENTER FOR MENTAL HEALTH SERVICES

In 1977, the Piedmont Center for Mental Health Services (PCMHS) was officially organized and funded to provide service in leased facilities in Simpsonville and Greer. PCMHS operations have grown to include its main facility in Simpsonville, a satellite clinic in Greer, four residential care facilities, and two community integration day programs.

The PCMH provides an array of assessment, psychotherapy, and treatment services to adults, children, and their families who are experiencing a wide variety of mental health problems.

The goals of the center's services are to resolve the

presenting problem, to enhance individual and family functioning, to enable individuals with serious mental illness or emotional disturbance to remain in the least restrictive environment, to improve the coping skills of the individual and/or his/her family, and to ensure integration with other services in the community.

PCMHS meets these goals by providing crisis intervention, psychiatric assessments, triage, referrals, individual, family, and group therapy, vocational and rehabilitative services, residential treatment, peer support, case management, and more.

PCMHS serves clients living within southern and eastern Greenville County, including the towns of Simpsonville, Greer, Mauldin, Fountain Inn, Piedmont, and Taylors.

During FY'15, PCMHS provided 60,021 services to 4,464 patients. Since 1979, PCMHS has provided more than 2,340,000 services/outpatient contacts to approximately 141,000 adults, children, and families who are impacted by mental illness.

All DMH facilities are licensed or accredited; PCMHS is accredited by the Commission on Accreditation of Rehabilitation Facilities.

SINCE 1979, PCMHS HAS PROVIDED OVER 2,340,000 SERVICES/ OUTPATIENT CONTACTS TO ADULTS, CHILDREN, AND FAMILIES WHO ARE IMPACTED BY MENTAL ILLNESS



<i>PCMHS at a Glance - Fiscal Year 2015</i>	
<i>Population</i>	215,000
<i>Total Number of Patients served</i>	4,464
<i>Clinical Contacts / Services provided</i>	60,021
<i>School-Based Schools</i>	21
<i>Number of Children served by School-Based Program</i>	939
<i>Number of Services provided by School-Based Program</i>	8,803



Wilma Gosnell,
Board Chair



David Russell,
Board Member



Joe James,
Executive Director

WILMA GOSNELL AND DAVID RUSSELL – BOARD MEMBERS

Wilma Gosnell, a board member for more than 10 years, joined the PCMHS Board at the request of good friend and fellow mental health advocate, former Greer City Mayor Shirlee Rollins.

David Russell, a PCMHS board member for three years, has worked in Education for many years. Currently a system wide after-school program coordinator, Russell said, "I've seen first hand the tremendous benefits school-based mental health programs have on kids in our community. It's an unbelievable asset for schools to have that resource." Both Gosnell and Russell would like to see

school-based programs expanded, especially in light of increased levels of bullying and student suicides.

"I'm impressed with the dedication of the staff and the leadership of Center Director James. Even with budget cuts, they still deliver first rate services," said Gosnell. Russell concurred, stating the staff has been very resourceful. "We've been challenged to do more with less; all the centers throughout the state are facing diminishing resources. I salute them for doing an outstanding job with the resources that they have, but it takes everybody pulling together to make a difference. Necessity has encouraged

increased community collaboration. Now, if there is a gap somewhere and we don't have the resources to fill it, others in the community work to fill it."

Both members continue to look for ways to raise funds. Russell said, "In South Carolina we're all struggling with this problem. Center Director James addresses needs as they arise to help staff adapt to new circumstances. My hope is for more county appropriations; every penny or dollar helps us hire more medical staff, nurses, and nurse practitioners, who allow us to lower the clinician-client ratio and better meet client needs."

JOE JAMES – EXECUTIVE DIRECTOR

Joe James graduated from Furman University and taught school for two years before he was "invited to join" the Army in 1960. Because he had taken quite a few psychology classes, the Army placed him in neuro-psychiatric services. He trained at Fort Sam Houston, San Antonio, Texas. He was assigned work in the psychiatric section of Walter Reed Hospital on the "milieu therapy" research ward, working with young soldiers diagnosed with Schizophrenia. After leaving the Army, James married, attended the University of North Carolina, Chapel Hill on scholarship, and obtained a Master of Social Work degree.

In 1964, James accepted a position at Greenville Mental Health Center. While there, he wrote two grants: one to

staff a child and adolescent program and the other was the initial operations funding grant for PCMHS. In 1977, James got a call from U.S. Senator Ernest "Fritz" Hollings' office saying that the grant was approved. James is proud to be the first and only center director of PCMHS and an employee of DMH for 50 consecutive years.

"I've been a DMH employee a long time," James noted. "These are some of the most serious economic times we have ever faced. The best thing we can do is continue to do our best. I'd like to reward staff more for what they do and to be able to provide more training opportunities, but right now it's not economically feasible. Fortunately, video training has helped to bridge that gap."

James continues to evaluate the needs of the mental health system; he believes that there are some long-term patients at both the Patrick B. Harris Psychiatric and Bryan Psychiatric hospitals who could be successfully moved into community residential care facilities, if adequate supportive resources were available.

"As a Center we excel at initiating new and innovative programs and we are especially good at running community residential care facilities and school-based programs," said James. He noted that with federal grants' support, PCMHS initiated the first school-based mental health program and the first Multi-Systemic Therapy (MST) Family Preservation Program in South Carolina.

DR. LYNN WRIGHT – MEDICAL DIRECTOR

Medical Director Dr. Lynn Purcell Wright, a graduate of Furman University and the University of South Carolina School of Medicine, was the only one in her class who chose to specialize in Psychiatry. After reading her first book in psychopathology, she realized she found the human mind fascinating. The majority of her residency was done at the William S. Hall Psychiatric Institute, a DMH training facility that now serves the child and adolescent population. As a board certified general psychiatrist, she gained a wealth of experience

working with both children and adults for many years in a large private practice, as well as in the public sector at Spartanburg Area Mental Health Center. To devote time and attention to her two young children, she eventually cut back to part-time contract work. In March of 2011 she joined the PCMHS leadership team, filling the position of medical director.

“As the new medical director I have begun to focus on boosting professional camaraderie among the medical staff and I hope to reinforce a con-

solidated philosophy of commitment to excellence,” said Wright. She has a passion for teaching and is looking forward to PCMHS becoming a training site for the new psychiatry residency program in partnership with Greenville Hospital System.

One of her primary concerns is the plight of the 18 – 24 year old population and its unique needs. Services are often cut when a child turns 18, though the need for services remains. Dr. Wright’s goal is to find ways to improve transitional services.



Dr. Lynn Wright,
Medical Director

STEPHANIE WIRTHLIN – TLC COORDINATOR

The Toward Local Care (TLC) program is an initiative to return clients with persistent and severe mental illnesses experiencing multiple and/or long-term psychiatric hospitalizations back to the community. TLC focuses on providing clients with the supports necessary to successfully maintain community placement in the least restrictive environment possible. Services include assistance with daily living, housing and employment.

In partnership with Mental Health America of Greenville County and the Upstate Homeless Coalition, PCMHS provides TLC case management services for supported independent living at several locations. These include 12 apartments at Hillcrest Heights in Simpsonville, 18 apartments at Sunset Village in Fountain Inn, and 20 apartments at Victor Village in

Greer. Additionally, partnerships forged with private property owners provide additional housing throughout Greenville County.

TLC services are supervised by Stephanie Wirthlin who has a Bachelor of Arts degree from Clemson University and a Master’s degree in Social Work and Public Administration from West Virginia University. Since coming to the Center in 2001, she has worked in case management, community outreach, and serves as hospital liaison at Patrick B Harris Psychiatric Hospital. “I have the opportunity to help clients make real changes in their lives. I’m a case manager, not a therapist. My role is to teach clients to resolve problems and help them find resources to deal with their issues,” said Wirthlin.

Wirthlin is also the PCMHS’s coordinator for Greenville County Mental Health Court (MHC), a diversion program, allowing people with mental illness who have been arrested and have criminal charges pending, to participate in a year-long treatment-focused program in lieu of prosecution. When the participant successfully completes the program, his or her charges are dropped and expunged from his or her record. MHC operates through the collaboration of the Greenville County Probate Court, Greenville County Detention Center, Greenville County Solicitor’s Office, and Greenville and Piedmont Mental Health Centers.

The mission is to get participants well, back on track, and after a year or more of treatment to have resolved their charges and taught them the skills to not re-offend.



Stephanie Wirthlin,
TLC Coordinator

TLC FOCUSES
ON PROVIDING
CLIENTS WITH
THE SUPPORTS
NECESSARY TO
SUCCESSFULLY
MAINTAIN
COMMUNITY
PLACEMENT IN
THE LEAST
RESTRICTIVE
ENVIRONMENT
POSSIBLE.

PETE CAMELO—CAF SERVICES AND FLEX-CARE SUPPORT SERVICES DIRECTOR



Pete Camelo,
CAF Services and FLEX-Care
Support Services Director

In 1986, former professional Montreal Expos baseball player, Pete Camelo, got his first exposure to counseling when he volunteered to be his team's committee member in the "Just Say No to Drugs" campaign. The Committee met fairly regularly and he became acquainted with a variety of professionals in the counseling and education fields. That experience inspired his enthusiasm for counseling. He left baseball and worked for the Coca-Cola Company in Atlanta, Ga. for a brief period of time before entering the Georgia State University's Community Counseling graduate program. There, he concentrated in the Family Systems and Family Therapy track. Hired at PCMHS in 1992, Camelo began his career as Program Supervisor for the Multi-Systemic Family therapy (MST) program. He

worked directly with Scott Henggeler PhD, the developer of MST, to roll-out and sustain MST services within Greenville County. Camelo has clinical and administrative experience in all aspects of Child, Adolescent, and Family Services (CAF) and currently serves as the Director of CAF at the PCMHS. He holds the credentials of Licensed Professional Counselor and Licensed Professional Counselor Supervisor.

"The Center's CAF Services Division takes pride in providing easy access and quality services to the community" said Camelo. "This is accomplished through the dedication of our entire clinical and administrative team, to understand our consumers' needs, and properly allocate our, often times, limited resources." Camelo stated that through the use of pa-

tient satisfaction surveys, the community influences the types of services and programs the Center provides. CAF delivers its services through traditional outpatient office visits and less traditional School-based Services. Both settings experience robust demand. The School-based Program has expanded to cover 21 schools in our catchment area. "This expansion of schools and staff offers students and their families increases access to needed services," said Camelo.

The CAF division contains some of the highest percentages of licensed clinical staff across the State. "Our licensing ability enables us to attract quality employees that are looking to advance their credentials as licensed professionals as public servants," said Camelo.



Brenda Lipe,
School-based Services
Program Chief

BRENDA LIPE—SCHOOL-BASED SERVICES PROGRAM CHIEF

School-based Program Coordinator Brenda Lipe grew up in the mountains of NC. She received her Masters of Education degree in Counseling from Clemson University, and continued her training to become a Licensed Professional Counselor and Licensed Professional Counselor Supervisor.

She found her niche as a school-based counselor. For 21 years she has worked in the same school. "I love to work with children and their families because that's where we see so many positive changes," said Lipe.

DMH school-based programs originated in the Piedmont area in 1993, when South Carolina was one of six states to receive a grant funded by the Maternal Child and Health Bureau, which allowed the Family and Neighborhood Schools (FANS) program to be launched at Bryson Middle School (BMS). A mental health counselor was placed in BMS, students had easier access to the help they needed as our coordinated efforts helped address the concerns of the child, their family, and their school.

School based counselors assist with early identification and intervention, and utilize proactive, preventive therapeutic approaches. "School-based therapists have the benefit of access. Information is much more available and immediate than in traditional clinical settings. If a child has a problem in the morning we typically see the child that day," said Lipe. The program tailors its services to the specific needs of schools, and frequently partners with others, including churches, Big Brother/Big Sister mentoring programs, Building Dreams, and more.

"I LOVE TO WORK WITH CHILDREN AND THEIR FAMILIES BECAUSE THAT'S WHERE WE SEE SO MANY POSITIVE CHANGES."

BRENDA LIPE

DAVID BLONDEAU—ADULT SERVICES PROGRAM COORDINATOR & PATRICIA STEEN SWEENEY —MIDLANDS ADULT SERVICES COMMUNITY RESIDENTIAL CARE FACILITY (CRCF) COORDINATOR

In 1991, David Blondeau came to PCMHS as a case services program coordinator working with aftercare clients. In 1997, his duties expanded when he accepted the position of Adult Services program coordinator. Blondeau manages adult services in the Simpsonville and Greer outpatient clinics, which typically serve about 3,000 clients yearly and another 200 in the CRCF program. Outpatient services include psychiatric medical assessment, nursing services, crisis intervention, assessment, individual and group therapy, and dialectical behavioral therapy.

“My goal for adult services is to provide client driven services in a safe, confidential and accessible location, using best practice interventions. Unfortunately, there is still a

lot of stigma associated with mental illness and it can take a great deal of courage for someone to come forward and request services. That is why it is so important for us to make accessing behavioral health services easy, supportive and rapid. Our Rapid Care approach to delivering services provides a welcoming environment, supportive staff from the minute someone walks into one of our clinics, and quick access to behavioral health professionals.” said Blondeau.

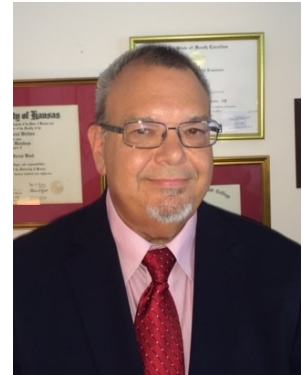
Blondeau also emphasizes the use of new technologies to expand access to behavioral health services.

PCMHS Midlands Residential Services Program Manager Patricia Steen Sweeney is passionate about providing services for the chronically mentally ill. People with seri-

ous and persistent mental illness (SPMI) tend to do better clinically when they live in the community rather than in state mental hospitals. Clients get better faster and stay better longer when they live and receive services in their community. The closeness of family, friends, and community support aids the recovery process.

The Community Residential Treatment Program has personnel trained to provide a safe therapeutic atmosphere in a home-like setting for specialized populations.

PCMHS operates five CRCFs located throughout the state: Piedmont Pathways, Turning Point, Hopkins, SC; Generations of Monetta, Monetta, SC; KIVA Lodge, Blythe-wood; SC and McKinney House, Mauldin, SC.



David Blondeau,
Adult Services
Program Coordinator



Patricia Steen Sweeney,
Midlands Adult Services
CRCF Coordinator

HOLLY MAY—DEAF SERVICES PROGRAM MANAGER

Holly May, MA, LPC, has worked with DMH Deaf Services for 14 years, eleven of them at PCMHS. May provides direct care and consultative work statewide. With approximately 250 active cases, DMH Deaf Services provides regional and statewide counselors.

“In the US, DMH is one of three mental health systems that provide deaf services statewide. We are unique,” said May. “We have a large group of staff fluent in sign

language, and other state agencies often come to us for advice and consultation. We frequently collaborate and participate in programs to educate the community about deafness.” DMH Deaf Services staff also provides training and orientation about deafness and mental illness to law enforcement personnel at Crisis Intervention Training provided by the National Alliance on Mental Illness.

People often underestimate deaf clients’ abilities. May

said, “My staff and I are here to provide the same services that are provided for the hearing, in a culturally and linguistically appropriate context. We also help the hard of hearing. We don’t want anyone falling through the cracks due to communication problems. We provide quality services and Center Director James supports us in this.”

For more information on DMH Deaf Services go to www.scdmh.org/deafmh



Holly May,
Deaf Services
Program Manager



TO SUPPORT THE RECOVERY OF
PEOPLE WITH MENTAL ILLNESSES.

**SC DEPARTMENT OF
MENTAL HEALTH**

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**PIEDMONT CENTER
FOR MENTAL HEALTH SERVICES**

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Greer Clinic
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WWW.PCMHS.ORG

RECOVERY SPOTLIGHT – GRETA G.

Greta G. became a client of the South Carolina Department of Mental Health in April 2003, when, at the age of 22, she was diagnosed with Paranoid Schizophrenia. Over the next year she was hospitalized several times due to intrusive symptoms which dramatically impeded her ability to care for herself.

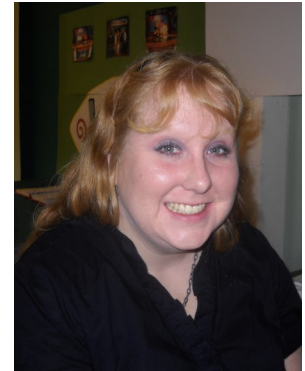
Admitted to Patrick B. Harris Psychiatric Hospital in February 2004, PCMHS TLC staff met with HPH Social Work staff to develop a plan to help Greta on her road to recovery. Greta's family was brought in to discuss options and offer input. Greta agreed to the suggested course of treatment and she was start-

ed on Clozaril. Two months later, Greta was placed in a community care home so that she could receive intensive outpatient services while her medications were fine tuned.

Within a few short months Greta was showing a dramatic improvement in her symptoms and was ready for greater independence. Her goal was to live independently, rather than to return to her family's home. Greta was referred to Gateway House for rehabilitative psychosocial services. Within a short time an apartment vacancy became available and with the support of Gateway and PCMHC's TLC staff Greta moved into her own apart-

ment where she still lives with her cat, Smudge.

Since 2005, Greta has continued her education, studying Small Animal Care and Veterinary Assisting at Greenville Tech. She has worked on a variety of Transitional Employment Program (TEP) jobs through Gateway and is currently on assignment at Furman University. Greta participates in the Wellness Initiative, having lost more than 40 lbs. and quit smoking in the past year. She travels to clubhouses throughout the US speaking about her recovery and helping train colleagues on the clubhouse model.



Greta G.