

SOUTH CAROLINA DEPARTMENT OF MENTAL HEALTH

State Director John H. Magill

PEE DEE MENTAL HEALTH CENTER

Patrick M. Bresnan, MBA, Executive Director

June 2015

DMH
MISSION:
TO SUPPORT
THE RECOVERY
OF PEOPLE
WITH
MENTAL
ILLNESSES.



Babcock Building Cupola

DMH
OPERATES A
NETWORK OF
SEVENTEEN
COMMUNITY
MENTAL
HEALTH
CENTERS,
42 CLINICS,
FOUR
HOSPITALS,
THREE
VETERANS'
NURSING
HOMES, AND
ONE
COMMUNITY
NURSING HOME.

DMH HISTORY AND DEMOGRAPHICS

South Carolina has a long history of caring for those suffering from mental illness. In 1694, the Lords Proprietors of South Carolina established that the destitute mentally ill should be cared for by local governments. The concept of "Outdoor Relief," based upon Elizabethan Poor Laws, affirmed that the poor, sick and/or disabled should be taken in or boarded at public expense. In 1762, the Fellowship Society of Charleston established an infirmary for the mentally ill. It was not until the 1800's that the mental health movement received legislative attention at the state level.

Championing the mentally ill, South Carolina Legislators Colonel Samuel Farrow and Major William Crafts worked zealously to sensitize their fellow lawmakers to the needs of the mentally ill, and on December 20, 1821, the South Carolina State Legislature passed a statute-at-large approving \$30,000 to build the South Carolina Lunatic Asylum and a school for the 'deaf and dumb'. This legislation made South Carolina the second state in the nation (after Virginia) to provide funds for the care and treatment of people with mental illnesses.

The Mills Building, designed by renowned architect Robert Mills, was completed and operational

in 1828 as the South Carolina Lunatic Asylum. The facilities grew through the decades to meet demand, until inpatient occupancy peaked in the 1960's at well over 6,000 patients on any given day. Since the 1820's, South Carolina state-run hospitals and nursing homes have treated approximately one million patients and provided over 150 million bed days.

In the 1920's, treatment of the mentally ill began to include outpatient care as well as institutional care. The first outpatient center in South Carolina was established in Columbia in 1923.

The 1950's saw the use of phenothiazines, "miracle drugs" that controlled many severe symptoms of mental illness, making it possible to "unlock" wards. These drugs enabled many patients to function in society and work towards recovery, reducing the need for prolonged hospitalization. Government support and spending increased in the 1960's. The South Carolina Community Mental Health Services Act (1961) and the Federal Community Health Centers Act (1963) provided more funds for local mental health care.

The South Carolina Department of Mental Health (DMH) was founded in 1964. In 1967, the first mental healthcare complex in the South, the Columbia Area Mental Health Center,

was built. Since then, the Centers and clinics have served more than three million patients, and provided more than 42 million clinical contacts.

Today, DMH operates a network of 17 community mental health centers, 42 clinics, four hospitals, three veterans' nursing homes, and one community nursing home. DMH is one of the largest hospital and community-based systems of care in South Carolina.

DMH HOSPITALS AND NURSING HOMES	
Columbia, SC	
G. Werber Bryan Psychiatric Hospital	
William S. Hall Psychiatric Institute (Child & Adolescents)	
Morris Village Alcohol & Drug Addiction Treatment Center	
C.M. Tucker, Jr. Nursing Care Center - Stone Pavilion (Veterans Nursing Home)	
C.M. Tucker, Jr. Nursing Care Center - Roddey Pavilion	
Anderson, SC	
Patrick B. Harris Psychiatric Hospital	
Richard M. Campbell Veterans Nursing Home	
Walterboro, SC	
Veterans Victory House (Veterans Nursing Home)	



Pee Dee Mental Health Center

125 East Cheves Street
Florence, SC 29506
(843) 317-4089

Counties Served: Florence, Darlington, Marion

PEE DEE MENTAL HEALTH CENTER

The mission of the Pee Dee Mental Health Center (PDMHC) is to provide effective mental health services to the people of Darlington, Florence, and Marion counties who are experiencing emotional or psychiatric distress. Priority is given to individuals with serious mental illness, children with emotional and behavioral disorders, and their families. The Center aims to promote patients' quality of life and works cooperatively with other organizations and individuals to develop and provide additional resources and

services to carry out this mission.

The Darlington-Florence Mental Health Center, the predecessor of the Pee Dee Mental Health Center, began operations in August 1956, through the combined efforts of the Florence County Association, the Darlington County Association, and the Florence County Medical Society. In 1964, Marion County joined the center and the name was changed to the Pee Dee Mental Health Center. PDMHC consists of the Center's main clinic, which has

been located at 125 East Cheves Street in Florence since 2001, and satellite clinics operating in Hartsville, Lake City, and Marion.

Since 1965, PDMHC has provided approximately 2,650,000 outpatient contacts/services. These contacts/services help families remain safely intact, keep children in their homes and schools, and help adults function in the community as safe and productive citizens.

PDMHC is accredited by the Commission on Accreditation of Rehabilitation Facilities.



Executive Director
Patrick M. Bresnan, MBA

PATRICK M. BRESNAN, MBA, EXECUTIVE DIRECTOR

Originally from Greenville, Pennsylvania, Patrick M. Bresnan moved to South Carolina in 1999. Bresnan did not realize when he joined the staff of PDMHC as Administrator in 2008 that his future would include his appointment as Executive Director, PDMHC, on March 2, 2015.

During his years of experience as a counselor, Bresnan demonstrated an immense knowledge about meeting the needs of patients. He expresses to all staff that providing quality service is the key element required for a successful organization.

Bresnan believes continuing to provide quality services will expand the Center's patient base, and retain patients. Providing consistent service assists patients so they know exactly what to expect when they walk into one of the Center's four clinics.

Dr. Gregory V. Browning, Board Chairman, commented, "The Board is extremely pleased with Patrick Bresnan's abilities as a leader; the Center is fortunate to have him. He displays outstanding qualities."

As executive director, Bres-

nan exhibits extraordinary leadership skills and has demonstrated the ability to make executive decisions as needed. Using both his years of clinical and financial management experience, he has been able to discern needs appropriately and make cost-effective decisions in the best interest of the patients and the Center. His diligence, determination, decisions, and application truly speak for the improved status of our facility."

Pat Bresnan is married and has three children.

"STANDARDIZATION
ASSISTS
PATIENTS AND
INCREASES THE
PRODUCTIVITY AND
EFFICIENCY OF
EMPLOYEES.
FORMALIZED
PROCESSES
CREATE
ACCOUNTABILITY."

BRESNAN



PDMHC Board Chairman
Gregory V. Browning, M.D.

GREGORY V. BROWNING, M.D. PDMHC BOARD CHAIRMAN

A former band director, “Greg” Browning played the trumpet professionally and has served as a member of the Charleston and Florence Symphony Orchestra.

At a young age, Browning decided to make the field of Medicine his life’s work. He received a degree in Biology and Chemistry at Charleston Southern University and graduated from the Medical University of South Carolina with a Doctorate Degree in Pharmacy. After working for two years as a pharmacist, he made the decision to become a medical doctor and received a medical degree from MUSC. He is certified in family medicine and clinical hypertension and has more than 33 years experience as a

family/general practitioner. Dr. Browning was in private practice in Florence before joining the medical staff at HopeHealth.

A respected member of the Florence medical community, he remains dedicated to treating the sick, even if that includes long days and late nights. Many of the patients he sees each day suffer from mental illness.

Dr. Browning has a heart for the mentally ill that was the driving force behind his decision to become a member of the Pee Dee Mental Health Center Board of Directors, appointed by then Governor Mark Sanford in May of 2010.

As Board Chair, Dr. Browning is an experienced leader who is not afraid to tackle tough issues. He and the other members of the Board continue to seek increased county funding to enable the Center to hire more personnel, provide additional services to schools, and serve citizens in Darlington, Florence, and Marion Counties who are experiencing mental illness.

Dr. Browning believes the Center’s greatest assets are its staff and leadership. He is proud it is a Center with a vision dedicated to excellence. Dr. Browning and PDMHC Board members signed approval of the Standards of Excellence on March 27, 2014.

DR. BROWNING AND MEMBERS OF THE BOARD SIGNED APPROVAL OF THE PDMHC STANDARDS OF EXCELLENCE ON MARCH 27, 2014.

JAMES P. MAZGAJ, M.D., MEDICAL DIRECTOR



Medical Director
James P. Mazgaj, M.D.

James P. Mazgaj, M.D., began his career with Pee Dee Mental Health Center in 1998.

Originally from West Seneca, New York, he obtained a bachelor of Arts degree in Biology at the University of Rochester. After graduating from medical school at the Autonomous University of Guadalajara, he received his psychiatry residency training at the University of Connecticut. Dr. Mazgaj is Board Certified with the American Board of Psychiatry and Neurology. His clinical interests include schizophrenia and other psychotic illnesses.

After completing his training,

began private practice in York, Pennsylvania, with Delphic Medical Center. Dr. Mazgaj was employed as Assistant Medical Director at PDMHC from 2006 to 2012. He accepted a position as Psychiatrist at the Veterans Administration in Florence in 2012 and was employed there until deciding to return to PDMHC in 2014. He was subsequently named Medical Director in April of 2015.

Work-oriented, Dr. Mazgaj sets a high standard for achievements. He believes in being productive and has always exceeded productivity standards at PDMHC. He is an examiner at Florence County Probate Court and is

there on most Thursday mornings. He currently travels to all four clinics of PDMHC to treat patients; and also sees patients at Linda M. Summer Family Services.

Dr. Mazgaj’s goal is to improve delivery of psychiatric services in Darlington, Florence, and Marion counties by increasing medical staff coverage and offering patients more accessibility to medical services with less waiting time. His vision is for the Center to hire a full-time child psychiatrist.

He is married to Jamie Mazgaj, LPC, Ed. D., and has two adult children.

DR. MAZGAJ EXCEEDS PRODUCTIVITY STANDARDS.

DENNIS SULLEN, DIRECTOR OF CRISIS AND EMERGENCY SERVICES

Dennis Sullen began his career in the late 1970’s with the Alcohol and Drug Commission and received his Master’s Degree from Francis Marion University in 1991. Since 1993, he has worked as director of the Lake City Clinic, director of the Community Support Program, and is now director of Crisis and Emergency Services.

Crisis and Emergency Services can be accessed 24 hours a day, seven days per week. During regular business hours, services are accessed

through the Crisis Unit at the Florence Center, and after hours and on weekends access is available telephonically.

During the last quarter, the on-call team responded to calls on an average of 4.3 minutes. Services can be provided over the phone or face-to-face.

A crisis counselor is available from 8:30 am - 5:00 pm Monday through Friday in the Florence Clinic and services are provided to emergency rooms in our catchment area. The emphasis is to restore

patients to the highest possible functional state in the least restrictive environment, so that they can remain in the community with appropriate services.

Sullen is concerned about mental health patients waiting for prolonged periods in area ERs.

“Establishing crisis stabilization treatment in the community, with partnership from the hospitals, is my primary goal,” said Sullen.



Director of Crisis Services
Dennis Sullen, MS

**LINDA BRIGMAN, MA
LINDA M. SUMMER FAMILY SERVICES DIRECTOR**

As Coordinator of PDMHC’s Child, Adolescent, and Family Services (CAF), Linda Brigman wears many hats. She is responsible for the day-to-day operations of a busy out-patient clinic, supervises several community-based programs, and works with the executive director and site coordinators to expand PDMHC’s School-based Program.

This hard work is paying off. The Center continues to see an expansion in the number of clinicians, schools, and services provided by this program. As of May 2014, the three counties served by PDMHC have a combined total of 16 full-time school-based clinicians in 47 schools.

Angela Grant is the Darlington County CAF Coordinator. Sharon Cooper is the CAF Coordinator at the Lake

City Office, and Gail V. Blue is the CAF Coordinator for Marion County. Linda Brigman also serves as the CAF Coordinator for Linda M. Summer Family Services (LMSFS) in Florence. Brigman reported, “the goal is to have a full-time counselor in every school in the Pee Dee catchment area.”

In addition to School-based Services, PDMHC offers an array of services to children, adolescents, and their families. Therapeutic services are provided under a variety of umbrellas: Clinic-based, Multi-Systemic Treatment, Family Preservation, and Case Management of Out-of-Home Placements. Twenty-four hour emergency services are provided through the PDMHC crisis system.

To accommodate working parents, LMSFS has a late

night clinic on Thursday nights from 5:00—7:00 pm.

Clinic-based Services:

An array of out patient treatment services for children and their families are offered in a clinic setting.

Multi-Systemic Therapy:

(MST) is offered in all three counties served. Children in this program are referred primarily by the Department of Juvenile Justice.

Family Preservation:

These services are a high priority and essential in preventing out of home placements.

Intensive Services:

Children and adolescents at risk of removal from home due to severe behavioral or emotional disturbances are provided with frequent and varied services.



Director of CAF Services
Linda Brigman, MA

“OUR GOAL IS TO HAVE A FULL-TIME COUNSELOR IN EVERY SCHOOL IN THE PEE DEE AREA.”

BRIGMAN



Director of the Marion Clinic
Sandra F. Barnes, MA

AS AN EXPERIENCED AND EFFECTIVE LEADER, BARNES KNOWS THAT EMPLOYEE SATISFACTION AND ENGAGEMENT ARE ESSENTIAL TO A SUCCESSFUL PROGRAM.

SANDRA F. BARNES DIRECTOR OF THE MARION CLINIC

Employed with PDMHC since 2002, Sandra Barnes has held leadership positions in both Adult and Children’s Services.

While serving as program coordinator for Marion’s Restorative Independent Living Skills Program from 2004-2009, and Children and Families (CAF) director from 2009-2013, Barnes built a strong relationship with the staff she supervised, while making her performance expectations clear through close monitoring with a positive attitude.

In March of 2014, Barnes was appointed director of the Marion County Clinic. Since that time, she has led her staff to multiple accomplish-

ments, including increased productivity and revenue. Several staff members were nominated for “Employee of the Quarter”, and one of her clinical staff, Shelbra Woodberry, was selected as the “PDMHC Employee of the Year” in 2014.

As an experienced and effective leader, Barnes knows that employee satisfaction and engagement are essential to a successful program. Accordingly, she has introduced several practices that provide her team with a sense of belonging and purpose. Inspired by the book, *The Fred Factor: How to Make the Ordinary Extraordinary*, Barnes encourages everyone to excel in his or her position.

During staff meetings, she recognizes those who have gone the extra mile by thanking them for “being a Fred”.

Another way that Barnes fosters her office’s cohesion is through monthly lunches to reward and recognize staff for meeting their productivity goals. Support staff are always included and their number one role in helping clinicians meet demanding goals is emphasized.

The Marion office staff’s sense of fun and caring is a product of Barnes’ attention to detail. Her vision for the future? 100% compliance on Medicaid audits. With a loyal and conscientious staff and Barnes’ compassionate leadership, that laudable goal is well within reach!

SUSAN CARTER DIRECTOR, OFFICE OF PERFORMANCE IMPROVEMENT AND EDUCATION



Director of OPIE
Susan Carter, MS, LPC

The Office of Performance Improvement and Education (OPIE) was implemented in June 2013 to develop the vision of an aligned, action-oriented, and accountable organization. OPIE’s projects include measuring employee satisfaction and engagement through yearly surveys, frequent site visits, and drill-down surveys, developing and educating staff on Professional Standards of Excellence, and coordinating trainings on Evidenced-based Practices. OPIE also coordinates quarterly integrated healthcare retreats with our primary care partners at

HopeHealth and McLeod Health. Staff and community partners report they are “very satisfied” with the new focus on training. OPIE director Susan Carter observed, “This office is a great opportunity to exercise creativity and demonstrate passion in the worthwhile purpose of improving how mental health services are delivered.” The Team consists of Susan Carter, Kathryn Henderson, and Rosemary Barile.

As a result of the new program, staff are participating in more trainings than in the past. Each month, employ-

ees can choose from clinical, administrative, and general health educational offerings to improve their professional skills and wellness. All staff are encouraged to attend a monthly Lunch and Learn. Clinical Supervisors attend a required monthly training, in which Henderson and Carter, both experienced supervisors, lead the group in discussing and resolving common management concerns. Helping employees sustain a healthy work/life balance, identifying staff needs, and increase satisfaction with and engagement in work are OPIE goals.

**CARL HUMPHRIES
CHIEF EXECUTIVE OFFICER OF HOPEHEALTH**

Carl Humphries, CEO of HopeHealth, is both a visionary “people person” and a skilled administrator. His relationship-building skills, strong values, and business sense have contributed to the transformation of a small HIV clinic into a successful, expansive, federally qualified health center (FQHC) that is quickly becoming the Pee Dee’s leading primary healthcare resource.

HopeHealth serves the health care needs of Florence, Williamsburg, and Clarendon counties. Services include: primary and preventive care, chronic disease management, pediatrics, internal medicine, infectious diseases, behavioral health, and medical massage therapy. As a federally funded organization, HopeHealth is dedicated to providing affordable, accessible care to all patients, with special attention to improving the health status of underserved and vulnerable populations in the community.

All forms of health insurance

are accepted, and those who lack health insurance may qualify for a sliding fee discount program.

HopeHealth is leading the way in implementing “patient centered medical home” standards. Its commitment to quality care, reduced wait times, and preventative medicine make it a great choice for anyone looking for a family doctor. Patients at HopeHealth include area physicians and other health care providers, business owners, and attorneys. While many of our customers could choose any health care provider in the Pee Dee, HopeHealth is most proud to provide high quality care to those who have nowhere else to turn.

In August of 2014, HopeHealth broke ground on a two phase, \$16 Million facility. When completed, it will be open six days a week, from 8 am to 8 pm. The goal is to have care that is accessible to people who need it most.

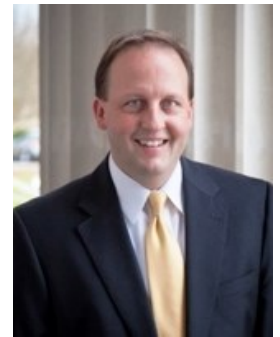
HopeHealth and PDMHC

have participated in several integrated training initiatives. HopeHealth’s management team has participated in Retreats with PDMHC, in which keynote speakers address mutual leadership concerns, such as increasing employee engagement and patient satisfaction.

Cross-training is also occurring as a result of the integration initiative. Staff at both locations are encouraged to attend PDMHC trainings on trauma, suicide prevention, child sexual abuse prevention, motivational interviewing, and professional licensed counselor certification.

As Humphries attests, strong relationships among healthcare providers is essential in providing good patient care. The Pee Dee region is fortunate to have strong, caring leaders working together to improve the health of the community.

PDMHC looks forward to a strong continued working relationship with HopeHealth.



HopeHealth CEO
Carl Humphries

THE PEE DEE REGION IS FORTUNATE TO HAVE STRONG, CARING LEADERS WORKING TOGETHER TO IMPROVE COMMUNITY HEALTH CARE.

THE PEE DEE MENTAL HEALTH CENTER SERVES CITIZENS OF DARLINGTON, FLORENCE, AND MARION COUNTIES.

<i>PEE DEE MENTAL HEALTH CENTER BOARD OF DIRECTORS 2015</i>		
<i>Darlington County</i>	<i>Florence County</i>	<i>Marion County</i>
Dr. Amanda H. Coleburn	Sharon H. Ackerman	Beverly C. Causey
Mariscia C. Cooper	Dr. Gregory V. Browning	Doris J. Gerrald
Dr. Gladys W. Gilbert	C. Rudy Guajardo, III	
Beverly A. Hamlin	Nadine Livingston	
Christopher C. Thomas	Lt. John E. Lochart	



TO SUPPORT THE RECOVERY OF
PEOPLE WITH MENTAL ILLNESSES.

**SC DEPARTMENT OF
MENTAL HEALTH**

2414 Bull Street
Columbia, South Carolina 29201

Phone: (803) 898 - 8581

WWW.SCDMH.ORG

Pee Dee Mental Health Center

125 East Cheves Street
Florence, SC 29506
(843) 317-4089

Darlington County Clinic

900 South Fourth Street
Hartsville, SC 29550
(843) 332-4141

Lake City Clinic

675 N. Matthews Road
Lake City, SC 29560
(843) 394-7600

Marion Clinic

1100 S. Main St.
Marion, SC 29571
(843) 431-1100

RECOVERY SPOTLIGHT—DORETHA H.

From an early age, I felt different from other people. I was very quiet at home and in school. When my teachers asked why I couldn't talk, I couldn't explain. I just felt like an outcast.

This feeling got worse when I was seven years old and my mother became sick. I was only ten when she passed away. My world went black and everything was dark from then on. After she died, my father didn't spend much time with me. Things got better for a while when he remarried.

When I got pregnant at 17, he rejected me again and I felt alone and trapped at

home.

I started working at a paper company to support myself and my daughter. I found out that I loved to work and was good at it, until I developed serious health problems and my doctor said that I would not be able to work again. COPD had already damaged my lungs and was also stealing my eyesight. During this same period, my father and step-mother passed away within six months, triggering a depression worse than any I had experienced before. My world fell apart and I had to quit work after 17 years.

I was referred to PDMHC

and I met Dr. Bowman. I was tired of life and had given up on feeling better, but he believed in me and my recovery. I met my first and only counselor, JoAnn Reaves. The encouragement of caring mental health professionals at PDMHC gave me motivation to work again. Dr. Mazgaj and Job Coach Vickie Redden were always on my side, pushing me and inspiring me to move forward.

I am now a Peer Support Specialist at Pee Dee Mental Health Center. I love my job and I make my way to work each day to show others that no matter what, you have to keep it moving.

THE
ENCOURAGEMENT
OF THE CARING
MENTAL HEALTH
PROFESSIONALS
AT
PDMHC
GAVE ME
MOTIVATION
TO
WORK AGAIN.