

**S.C. MENTAL HEALTH COMMISSION
S.C. Department of Mental Health
Patrick B. Harris Psychiatric Hospital
130 Highway 252, Anderson, SC 29621**

April 7, 2017

Facility Presentation

ATTENDANCE:

Commission Members:

Everard Rutledge, PhD, Vice Chair
Sharon Wilson
Beverly Cardwell

Bob Hiott
Louise Haynes

Staff/Guests:

Geoff Mason
Amy Kilpatrick
Kevin Hoyle
Kevin Busby
Bryan Reed
Missy O'Dell
Renee' Bryant

Kim Miles
Teresa Barnhardt
F'Lyce Major
Brandi Barnhill
Kay Seymour
Dr. Teresa Bishop

Julia Coons
Dr. Kimberly Rudd
Versie Bellamy
Doug Glover
Jim Pitts
Allen McEniry

The S.C. Mental Health Commission met at Patrick B. Harris Psychiatric Hospital on Friday, April 7, 2017, at 9:00 a.m. Dr. Everard Rutledge, Vice Chair, expressed appreciation to the Facility for the courtesies extended to the Commission during its visit. The S. C. Mental Health Commission Members introduced themselves to the guests. Commissioner Rutledge then turned the meeting over to Mr. Allen McEniry, CEO of Patrick B. Harris Psychiatric Hospital.

PRESENTATIONS:

Mr. Bryan Reed gave a presentation on the Intensive Substance Abuse Program. He stated that the number of deaths caused from overdoses in South Carolina is almost equivalent to the number of non-drug related deaths, and are primarily caused from overdoses of heroin and opioids. West Virginia, Ohio, and Kentucky are three (3) of the States with the highest death rates due to drug overdoses. He stated that approximately seventy percent (70%) of the patients that are seen at Patrick B. Harris Psychiatric Hospital have co-occurring substance use disorders. The Intensive Substance Abuse Program uses Behavioral Therapy and Dialectical Behavior Therapy (DBT) to help the patients cope with depression, anxiety, and bipolar disorders. The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST) is used to detect substance abuse use and determine if referrals are necessary for additional treatment. Mr. Reed reported that the usage of opioids now exceeds the use of methamphetamine in the United States.

Ms. Kay Seymour presented information regarding the Length of Stay Reduction Taskforce which originated in the fall of 2007, at the request of Mr. Allen McEniry. The Taskforce meets twice each month and a list of patients with a length of stay of one hundred plus (100+) days is maintained by Ms. Seymour. She stated that plans for discharging the patients begin at the time of admission and requires a lot of creativity. Several obstacles that were highlighted were the lack of Community Residential Care Facility (CRCF) beds, and the delay in benefits received from the Optional State Supplement (OSS). Ms. Seymour introduced Ms. Michelle Burton, the newly appointed Care Coordinator.

Ms. Burton introduced herself and stated that her responsibilities include meeting with the patients, completing the comprehensive needs assessments, and determining if assistance is needed in locating community physicians for general, dental, or vision care. She also assists in securing transportation to the mental health centers, and housing. Once the needs are identified, Ms. Burton connects the patients with the local Care Coordinators.

Mr. Jim Pitts presented information on Pharmacogenomics, the branch of science concerned with the identification of the genetic attributes of an individual that lead to variable responses to drugs. He stated that Pharmacogenomics is used to predict patient responses to medication and serious adverse events. The testing improves the recovery process by determining some drugs that may or may not be effective for patients.

Ms. Missy O'Dell explained the involvement of Patrick B. Harris Psychiatric Hospital as a rotation site for pharmacy students attending Presbyterian College School of Pharmacy and South Carolina College of Pharmacy. Daily activities for the students include laboratory monitoring, attending treatment team meetings, responding to drug information questions and medication consults, reviewing drug regimens, and attending and participating in committee meetings.

Dr. Theresa Bishop gave an overview of Dialectical Behavior Therapy (DBT), a treatment for borderline personality disorders. She stated that the treatment consists of individual and skills/training group therapy. The skills/training components are coping skills consisting of mindfulness, interpersonal effectiveness, emotion regulation, and stress tolerance. Dr. Bishop stated that individuals are referred by the treatment teams and that training is conducted in the four (4) lodges. DBT assists patients in using learned skills to gain control of their emotions.

Mr. Allen McEniry discussed the affiliation with academic alliances/public private partnerships. He stated that there are approximately two hundred (200) nursing students in the program each year. Mr. McEniry stated that extern, medical school psychiatric rotation, pharmacy, recreation therapy, social work, psychology interns, and dietician students are involved in the program. One of the goals at Patrick B. Harris Psychiatric Hospital is to be regionally and nationally recognized as providers of the best psychiatric care for patients.

Dr. Rutledge thanked everyone for the excellent, informative presentations.

There being no further discussion, the center presentation concluded at 10:10 a.m.

Alison Y. Evans, Psy.D, Chair
SC Mental Health Commission

Terry Davis, Recording Secretary
SC Mental Health Commission