

FOR IMMEDIATE RELEASE

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CONTACTS:

Tamara Smith/Rick Acton
Aiken Barnwell Mental Health Center
1135 Gregg Hwy
Aiken SC 29801
803-641-7700
TLS15@scdmh.org
RLA78@scmh.org
www.aikenbarnwellmhc.com

ABMHC Celebrates Mental Health Month May 2014

According to SAMHSA (December 19, 2013), nearly one in five American Adults or 43.7 million people experienced a diagnosable mental illness in 2012. Only forty-one percent of these adults received mental health services in the last year. The top three reasons given for not receiving help were: unable to afford the cost, thought they could handle the problem without treatment, or did not know where to go for services. "Aiken Barnwell MHC wants people to know that treatment for mental illness is effective and affordable in their local community. We have three convenient locations in Aiken, North Augusta and Barnwell. We encourage persons needing assistance to walk-in Monday-Friday 8:30-3pm for a mental health screening" said Tamara Smith, Assistant Director @ ABMHC.

Aiken Barnwell has planned the following activities to celebrate Mental Health Month.

Educational Collaborative Meetings with Stakeholders- April 29-30, 2014

Presentation at Aiken Baptist Association- May 13, 2014 @ 11:00am

WAAW 94.7 Radio Presentation- May 13, 2014 @ 10am

Panel Discussion at Cumberland AME Church- May 16, 2014 11-1pm

Relay for Life May 16, 2014 (South Aiken High school)

Mental Health HEROS Display- 1135 Gregg Hwy, Aiken SC, 29801

Free Bulletin Inserts to Faith Based Organizations

Free Mental Health Children's Activity Book- May 8, 2014

If you or someone you know is in need of mental health treatment, please contact Aiken Barnwell MHC at 803-641-7700 for assistance. Aiken Barnwell Mental Health Center (ABMHC) is a Community Mental Health Center operating under the South Carolina Department of Mental Health. The Center aspires to be the premier provider of behavioral health services to support the recovery of families, adults and children living in Aiken and Barnwell counties. Learn more about mental illness and ABMHC at www.aikenbarnwellmhc.com

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