

Aiken-Barnwell

Mental Health Center

Patient Orientation Handbook



"Prevention Works, Treatment is Effective and People Recover"

www.state.sc.us/dmh/ab/

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Welcome to the Aiken-Barnwell Mental Health Center (ABMHC). We are pleased that you have selected us as your provider of choice. ABMHC is a healthcare organization committed to providing quality mental health services to the residents of Aiken and Barnwell counties. We have a talented team of psychiatrists, mental health counselors, nurses, case-managers, administrative and support staff who are passionate about helping people. ABMHC has provided essential behavioral health services to the residents of Aiken & Barnwell counties since July 1, 1965. If mental illness has negatively affected your life, we are here to help. Aiken-Barnwell Mental Health is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) for the following services: Outpatient Treatment for Adults, Children & Adolescents and Families; Community Integration – Psychosocial Rehabilitation Services-Adults

Our Mission Statement

To support the recovery of people with mental illnesses.

Our Core Values

Respect for the Individual- Each person who receives our services will be treated with respect and dignity, and will be a partner in achieving recovery. We commit ourselves to services that:

- Honor the rights, wishes, and needs of each individual;
- Promote each individual's quality of life;
- Focus on each individual's strengths in the context of his or her own culture;
- Focus on independence and recovery;
- Demonstrate the value of family inclusion and the benefits of strong family support.

Support for Local Care- We believe that people are best served in or near their own homes or the community of their choice. We commit to the availability of a full and flexible array of coordinated services in every community across the state, and to services that are provided in a healthy environment. We believe in services that build upon critical local

supports: family, friends, faith communities, healthcare providers, and other community services that offer employment, learning, leisure pursuits, and other human or clinical supports.

Commitment to Quality- We will be an agency worthy of the highest level of public trust. We will provide treatment environments that are safe and therapeutic, and work environments that inspire and promote innovation and creativity. We will hire, train, support and retain staff who are culturally and linguistically competent, who are committed to the recovery philosophy, and who value continuous learning and research. We will provide services efficiently and effectively, and will strive always to provide interventions that are scientifically proven to support recovery.

Dedication to improved public awareness and knowledge-We believe that people with mental illnesses, trauma victims, and others who experience severe emotional distress, are often the object of misunderstanding and stigmatizing attitudes. Therefore, we will build formal partnerships with the state's educational leadership and institutions, including both K-12 and institutions of higher learning, to enhance curriculum content on mental health. We will work with employers, sister agencies, and public media to combat prejudice born of ignorance about mental illnesses. In addition, we will expect our own staff to be leaders in the anti-stigma campaign.



Our Services

We provide a variety of services to individuals seeking help for mental health or mental health and addiction problems. Services vary in type and level of intensity, depending on an individual's need. Services include:

- ✓ Assessment/Evaluation
- ✓ Crisis Intervention
- ✓ Individual, Group and Family Therapy
- ✓ Medication Management
- ✓ Nursing Services
- ✓ Psychiatric Diagnostic Assessment
- ✓ Medication Monitoring
- ✓ Peer Support Services
- ✓ Psychosocial Rehabilitation Services
- ✓ Care-Coordination
- ✓ Wellness and Recovery Education
- ✓ Support Groups
- ✓ Intensive Family Support
- ✓ Intensive Community Support for Adults
- ✓ School Mental Health Services

***Some services require prior authorization and we will have to obtain that authorization before those services can be provided. Additionally, some insurance providers/payors will not allow you to see two service providers on the same day.

Missed Appointments/Cancellation Policy

All appointments will be confirmed at least 72 hours in advance. No shows are missed opportunities for our patients in need as cancelled appointments are filled with other patients needing to be seen. If you are unable to keep your scheduled appointment please notify us 24 hours in advance. An appointment is considered missed you don't arrive within 15 minutes following the scheduled start time of the appointment. If you arrive later than 15 minutes after your scheduled appointment, you may be asked to reschedule your appointment in order to accommodate others in need.

If you miss an appointment, we will make two attempts to contact you at the telephone number provided to our agency. If we are unable to reschedule your appointment after our second attempt to contact via phone, we will send you a letter letting you know that we have attempted to contact you but were unable to reach. The letter further states to contact ABMHC within 7 business days to reschedule the appointment. If you fail to contact our office within the 7 business days, we will formally end your treatment with ABMHC. If you miss three appointments within a 90-day review period, we will end your treatment at ABMHC. The count of three services is done without consideration of which type of service was missed or with which provider.

Please contact us at any time to discuss any barriers to treatment and any concerns that you may have that may be impacting your treatment at ABMHC.

Your assigned therapist can make recommendations to formally end your treatment with ABMHC if you demonstrate non-adherence to treatment. ABMHC will also take into consideration any special circumstances you are experiencing that may be impacting your ability to keep scheduled appointments. It is your responsibility to discuss this with your therapist.

Please note that if you end your treatment at our agency, you will not be able to attend medical appointments, obtain medication through our agency, or receive prescription assistance medications through our agency. Once your case is closed, if your symptoms re-appear or you need our services in the future you are welcome to return at any time for assistance

Patient Registration & Intake Process

An initial visit to ABMHC typically involves meeting with several different staff. An administrative staff person will work with you to collect personal data, obtain your consent for ABMHC to provide you with treatment, and collect insurance coverage and financial information. One of our master's level therapists will meet with you to learn the reason for your visit, gather information on what is happening that led you to seek treatment, and help you decide if our services match your needs. If after these meetings you

agree that our services could meet your needs, you will then be scheduled for a comprehensive assessment.

In some circumstances, it may be determined that you would be best served by another agency or co-served with another agency. Under these circumstances you will be provided with referral information and linked with that agency as appropriate.

Orientation to the Center

Orientation is provided during your initial meetings with our staff. We do this to help you make the best choices about your treatment. The therapist will provide you with information about your rights, responsibilities with treatment and post discharge follow-up.

Comprehensive Assessment

The comprehensive assessment serves as the basis for your care and treatment. It helps us understand your strengths, preferences, needs and abilities. The assessment typically takes 1-2 hours, depending on the extent and nature of your problems and needs. Sometimes, the assessment takes 2 separate appointments to complete.

During the assessment, the therapist will talk with you about your current situation and problems and will ask you about aspects of your personal history that are important to help us understand the impact the problems are having on you and your loved ones. And, the information gathered will help the psychiatrist determine medication needs and diagnosis to inform decisions regarding the type and intensity of services needed to reach your goals. During the assessment, the therapist may ask you for permission to interview other people you have identified who could provide information relevant to your care.

Plan of Care (POC)

Once the assessment is completed, the master's level therapist will meet with you to develop your plan of care based on your expectations, goals and objectives. The plan of care will make use of your strengths and abilities that have been helpful to you in the past to resolve problems or maintain stability.

An important part of the plan of care is to identify what needs to be accomplished for you to be ready to end counseling. This discharge plan also identifies other needs that you may have to maintain stability or recovery after treatment.

The plan of care may be modified by you and your therapist at any time throughout the course of your care. Every Patient is offered a copy of their plan of care.

Evaluation of Treatment

An important aspect of treatment is to review how effective it is in helping you solve your problems. At the beginning of treatment, measures will be taken to determine the severity of your problem and how the problems affect other areas of your life. Measures will again be taken during treatment to evaluate your progress, and again at the end of treatment to determine your need for supports after treatment.

Discharge/Transition Planning

Planning for discharge is part of your treatment beginning at the time of your admission. The eventual goal is to transition your treatment to your community physician/psychiatrist. Discharge occurs when:

- ✓ You have achieved the agreed upon treatment goals and identified a relapse prevention plan that is necessary for successful discharge from treatment;
- ✓ Your symptoms and level of functioning in the home, community and work have improved to the point that you don't require as frequent appointments to maintain your improved functioning;
- ✓ Your clinical condition has worsened such that you require a higher level or more intense level of care; and
- ✓ You demonstrate lack of motivation to participate in the agreed-upon plan of treatment as shown by poor attendance at scheduled appointments, poor record of completion of homework

assignments, not following-through with referrals to community-based support groups, or not taking medications as agreed upon and prescribed.

Transition planning will occur if you need to be transferred to another program or staff member during or after completion of your mental health treatment.

Psychiatric Assessments

Our physicians participate in the on-line Prescription Monitoring Program known as SCRIPTS (South Carolina Reporting and Identification Prescription Tracking System). The system collects prescription data on ALL Schedule II, III and IV controlled substances dispensed in or into the state of South Carolina. Benzodiazepines (such as Xanax, Klonopin, and Ativan) are prescribed only if the ABMHC Psychiatrist treating you believes this is the most appropriate medication for you. The psychiatrist may require participation in additional treatments when prescribing controlled substances

Frequently Asked Questions

Who is a patient? A person using services provided by Aiken-Barnwell Mental Health Center is called a patient.

What is the difference between a Care-Coordinator and Therapist? A Therapist is the master's degree level counselor who is responsible for providing therapy and overseeing the delivery of other services outlined on your plan of care. A Care-Coordinator is a staff member who may be providing you help to get other services or supports you may need. Some examples of other services or supports include: medical assistance, legal aid, food, and/or housing assistance. Please note that Care-Coordination Services are provided by another division of the South Carolina Department of Mental Health. Although Care Coordinators work in the facilities of the Aiken Barnwell Mental Health Center, their services are billed separately. You will receive a separate bill from the

Department of Mental Health for care coordination. If you have questions regarding this bill please contact **Katie Cooper at (803) 898-8398.**

How often will I see my Care-Coordinator, Therapist, Nurse or Doctor? It depends on your needs. Regardless of your scheduled appointments, they will be available to you when you need help. If your Therapist isn't available, someone else will be here to help.

How will I know what services will be most helpful to me as a mental health Patient? You will be assigned a Therapist who will help you develop a plan of care. This plan is a guide in helping you work towards your goals. A doctor, your Therapist and other members of your treatment team will also help you.

How long will I need to come to the Center for services? The length of your treatment will be based on your treatment needs. This will be discussed with you at the beginning of your treatment.

What kinds of services might I receive to help in my recovery? Services are based on your needs. All of our patients receive a thorough assessment to determine diagnosis and treatment needs. Your therapist will review the findings from the assessment to help you determine which services will best meet your needs. Typically, our patients receive psychiatric and nursing services to determine appropriateness of and type of medications. Our professional counselors provide evidence-based individual, family and group therapy services. We employ staff who are able to assist with rehabilitation activities to develop interpersonal and practical daily life skills. And, we employ persons who are successfully managing life with mental illness so that we can provide a peer support component to our service array.

What is a Plan of Care (POC)? Each of our Patients receives an individually tailored plan that outlines the services we will provide to help you reach your goals. This plan is developed with you following the comprehensive assessment so we can make recommendations specific to your needs. The plan of care outlines what you want to accomplish in treatment overall and the changes you would like to have happen along

the way to achieving the goal. The plan identifies which services you'll participate in, how often, and which of our staff will be providing care.

What if I have an emergency after regular Center hours? For all life or death emergencies, call 911. For mental health emergencies, in the Aiken area call (803) 641-7700, in the North Augusta area call (803) 278-0880 and in the Barnwell area call (803) 259-7170. If you are outside local calling areas, please call 1(800)-625-4108. The emergency on-call clinician cannot assist with medication requests or transportation requests after hours.

Who should I contact if I have other questions regarding mental health treatment? You should call your assigned Therapist listed on the back cover of this booklet. Make sure you have their direct line as you will need it when you call our number. This will connect you faster to your Therapist. If they are not available, leave a message and they will call you back within the next business day. If you need to speak to someone immediately, dial 0 for the operator.

Are tobacco products allowed on ABMHC's property? No, as of 7/1/16, ABMHC is a Tobacco Free Campus. Tobacco is defined as all tobacco-derived or containing products, including and not limited to, cigarettes (e.g., clove bidis, kreteks), electronic cigarettes, cigars and cigarillos, hookah smoked products, pipes and oral tobacco (e.g., spit and spit less, smokeless, chew, snuff) and nasal tobacco. It also includes any product intended to mimic tobacco products, contain tobacco flavoring or deliver nicotine other than for the purpose of cessation. We ask that Patients do not smoke in personal vehicles when located on our properties. This includes all ABMHC's owned and leased properties and vehicles.

How do I cancel and/or reschedule an appointment? Please notify the center at least 24 hours in advance if you cannot keep your appointment. Someone will assist you with rescheduling.

What are the center's hours of operation? The Center's regular operating hours are Monday-Friday 8:30am-5:00pm. If you need an appointment after 5pm please discuss at intake.

Is my family or loved one required to be involved in my treatment? For all Patients age 15 or younger, we require family members to be involved in treatment. The specifics of whom this might include will be discussed as part of the treatment planning process. For Patients ages (16+), family involvement is not required but strongly recommended and encouraged. The Patient's recovery is enhanced with family involvement. Families are essential to the recovery process.

What should I do if I am in the building and have a Medical Emergency? Call 911 if you are able. If you are unable, ask staff for assistance.

What should I do if I need transportation to my mental health appointments? If you have Medicaid please contact Logisticare at 1 (866) 445-9954 at least three days in advance of your appointment. Be prepared to provide the following information:

- Your name and Medicaid number
- Your address and telephone number
- Date of Birth
- Date/Time of Appointment
- Name/Address/Telephone number of your mental health Provider
- **Aiken Center** , 1135 Gregg Hwy,
Aiken SC, 29801 (803) 641-7700
- **Hartzog Center** 431 W. Martintown Rd,
North Augusta, SC, 29841, (803)278-0880
- **Polly Best Center**, 916 Reynolds Rd,
Barnwell, SC, 29812, (803)259-7170

If you do not receive Medicaid and do not have any transportation please let the front desk or your therapist know, so we can schedule you an appointment with a Care-Coordinator. We will see what options may be available to assist you.

What should I do in event of inclement weather? Information regarding closures during bad weather can be found at <https://www.scemd.org/closings/>

How do I share my concerns with the agency? Your opinion is important to us. During the course of your treatment you will be asked to complete a Patient Satisfaction Survey. This lets us know if we are meeting your needs and it is used to plan future services. In addition to our

surveys, we provide suggestion boxes throughout the Center locations. We want your feedback, and encourage you to provide comments, suggestions, interests and concerns. These suggestions are reviewed by the Patient Advocate and concerns are forwarded to Center Management.

ABMHC has a Patient Advisory Board (PAB) that provides the opportunity for positive collaboration and communication among our patients, their family members and our service providers at ABMHC. The PAB efforts, in concert with the executive management, staff and patients ensure that quality care and treatment is provided by the center. It is the goal of the PAB to provide a forum for patients (self-identified Patients, family members or caregivers) to provide recommendations regarding ABMHC's services, policies, procedures and other issues directly impacting them. The PAB will provide input to the Executive Director and Senior Management quarterly to be considered in program evaluation, development, planning and service provision.

The Mental Health Center Board of Directors meets once a month and the meetings are open to the public. Patients and family members are welcome to attend. Please call (803)641-7700 for further information.

Can I bring my pet to ABMHC? It is the policy of ABMHC that service and emotional support dogs shall be permitted on grounds based on the guidelines below. ABMHC does not provide evaluation or certification of service or emotional support animals.

- Animals must have documentation of appropriate vaccinations, including rabies, licenses, or certificates. Vaccinations must be current and be reviewed on an annual basis.
- Animals must be clean and disease free.
- Animals must be kept in an appropriate enclosure or leashed or harnessed, and under the control of the owner at all times unless these devices interfere with the service animal's work of the person's disability.

- The owner is responsible for picking up any waste and disposing of it properly, including on the grounds of ABMHC property.
- The owner assumes responsibility for any damage incurred by or a result of the animal. Failure to ensure that the animal does not jeopardize the safety of others could result in the loss of privileges to have the animal on ABMHC premises.

Financial Responsibility & How We Bill for Community Mental Health Services

All fees for services are set by the State Mental Health Commission. The list of Community Mental Health Clinical Services and rates were provided to you at intake. Rates for service and eligibility are subject to change at any time.

Payment is due at the time services are provided. If you are unable to pay the entire bill, we will still provide services and arrange payment with you. If you do not have Medicaid, Medicare or other insurance coverage, you will be billed directly for services you receive. If you have Medicare or other insurance, we may ask you to sign a form authorizing us to bill them. Some services may not be covered by Medicaid, Medicare or insurance. We are required to bill Medicaid last after all other coverage plans are billed, including Medicare. If you have Medicaid, you will not receive a bill for services covered by Medicaid.

If you have questions about Medicaid, Medicare, other insurance coverage, co-payments, deductibles, or your bill, please contact our **Financial Advisor at 803-508-7807**.

Medicare Patients Only

Advanced Beneficiary Notices (ABN)

The purpose of the Advanced Beneficiary Notices (ABN) is to inform a Medicare beneficiary that services, otherwise paid for by Medicare, will not be paid on a particular occasion. In addition the ABN Voluntary form is to

inform a beneficiary that certain services are never covered. The ABNs will allow the beneficiary to better participate in his/her own health care treatment by making informed Patient decisions.

Advance Directives

If you are concerned that you may be subject to involuntary psychiatric commitment or treatment at some future time, you can prepare a legal document in advance to express your choices about treatment. The document is called an advance directive for mental health decision making. If you are interested in information regarding an Advance Directive please contact Peer Support Services at 803-508-7871. If you already have an Advance Directive, we will need a copy to place in your chart.

Your safety is important to us

The Use of Seclusion or Restraint

Aiken-Barnwell Mental Health Center will not use any type of seclusion or restraints except in emergency situations. When employed, these techniques are utilized only to prevent a person from injuring himself or others or to prevent serious disruption of the immediate surroundings or environment. Patients and visitors at ABMHC are treated with dignity and respect at all times. If someone becomes unmanageable and causes a safety risk, the police or sheriff's department is contacted immediately.

Prescription or Non-Prescription Drugs Brought Into the Program

If you need to bring prescription medications on our property please consult with a nurse. Alcohol, illegal and illicit drugs are not allowed on our property.

Weapons Brought into the Program

No weapons are allowed on our property. It is the policy of the Department of Mental Health to enforce the provisions of the contraband law by investigating and reporting all apparent violations of the law to the appropriate authorities. Signs are posted at each entrance regarding bringing weapons onto the grounds or into a facility.

Supervision of Children

Parents and/or guardians are responsible for supervision of your child while on the premises at ABMHC. Our agency requires that parents/guardians remain inside the ABMHC building when their child is being seen for appointments.

Emergency Codes & First Aid

The agency must conduct drills. If there is ever an emergency while you are in the building, please seek the nearest staff member for instructions on how to proceed. In event of a **CODE RED**, please exit the building. First Aid Kits are available at each clinic.

CONSENT TO EXAMINATIONS AND TREATMENT

At intake, we will obtain from you written consent and your authority for this mental health facility and its professional staff to perform examinations, psychotherapy, related mental health treatments and/or administer medications when deemed necessary in consultation with you.

A copy of the SCDMH Notice of Privacy Practices is provided at intake. The original is located in your medical record. You are invited and welcome to review it and ask questions.

SIGNIFICANT OTHER PARTICIPANTS INVOLVED IN THE IDENTIFIED PATIENT SERVICES

You have the opportunity and are encouraged to include significant others in your treatment. When doing so, your written consent will be obtained. In these situations, the significant other:

- Agrees to participate in therapy focused on the Patient;
- Understands that any information that is provided may be included in your medical record and, when necessary, disclosed as allowed by law; and
- Understands that if he/she wants treatment for themselves then a separate consent to examine and treat is required.

Patient Rights

The Aiken-Barnwell Mental Health Center is committed to support and promote Patient rights, as these are essential for the effectiveness of the therapeutic process. Patients have the right:

1. To be treated in a fair and courteous manner.
1. To be protected from acts of neglect, humiliation, threat, financial or any other form of exploitation.
2. To be protected from physical and sexual abuse, any form of harassment and physical punishment.
4. To receive treatment that is responsive to their age, gender, race and cultural orientation, sexual orientation, religion, social supports, psychological characteristics, physical or mental disability or veteran status.
5. To confidentiality and privacy with the following exceptions:
 - When the Patient or his/her guardian consents to the disclosure of information.
 - When the Patient becomes a threat to his or her safety or the safety of others.
 - In the event that a judge determines the disclosure of information is necessary for a legal process.
 - When it is necessary to cooperate with law enforcement, health, welfare and other state or federal agencies.
 - When advocating for the well-being of a Patient or his family.
 - For research conducted or authorized by the Department or the Commission of Mental Health and with the Patient's consent.

In these circumstances the disclosure of information will include pertinent data, whether in the medical record or discussed with the therapist.

6. To receive the necessary information regarding their diagnosis and treatment in a manner that is easy to understand, that helps them make the most appropriate decisions about consent or rejection of treatment, and about choices of treatment. The exception is, in case of emergencies, when consent is not required to provide services due to the special conditions surrounding the provision of these services.
7. To be actively involved in all aspects of their plan of care; to select the goals of treatment and develop the plan in a way that meets their expectations and that is relevant to their age, culture, development and particular problems and at the same time promotes their integration in the society.
8. To receive effective and efficient services from qualified clinicians credentialed according to the South Carolina Department of Mental Health standards and to know the names of the members of their treatment team.
9. To receive services in a safe, healthy and comfortable environment.
10. To be advised of any research projects, conducted or supported by the Aiken-Barnwell Mental Health Center that may directly address their treatment and to accept or reject participation in any research project.
11. To be informed of any possible billable services and respective charges to include billable services on behalf of the consumer that may occur in their absence.
12. To request assistance in developing advance psychiatric directives.

13. To request a copy of the Ethical Standards and Code of Conduct of the Aiken-Barnwell Mental Health Center.
14. To question or present a complaint about the clinical practices or procedures of the Aiken-Barnwell Mental Health Center and access advocacy services as necessary.
15. To receive assistance in accessing the services of guardians, custodians and legal advocates as necessary and available.
16. To be referred to other services in the community including self-help groups as needed and available.

Patient Responsibilities

Quality services depend on the close cooperation and collaboration of Patients and staff, with the Patient assisting the staff in meeting their needs. The responsibilities of the Patients are:

1. To provide accurate information about their problems, needs, behaviors, medical problems and treatment.
2. To inform their therapists about advance psychiatric directives.
3. To inform their therapist about any medications they are taking including medications prescribed by a physician, bought over-the-counter, or natural/herbal remedies.
4. To actively participate in treatment without the interruption or distraction of electronic devices, participation in plan of care development and active involvement in the effectiveness of treatment received.
5. To inform their therapist about any needs they have that may interfere with their treatment.

6. To follow and comply with treatment recommendations including taking medications as prescribed, doing therapeutic homework, acting on referrals, and keeping appointments.
7. To cancel their appointments as soon as they know they will not be able to keep them.
8. To respect the privacy, rights and property of other Patients of the Aiken-Barnwell Mental Health Center.
9. To respect the properties and facilities of the Aiken-Barnwell Mental Health Center.
10. To share their opinions with the administration of the Center about the quality of services received.
11. To ensure their bills are paid in a timely manner and to inform their therapists immediately if there is a problem with a bill.

Grievance Procedure

If you believe any of your rights as a Patient of ABMHC have been violated by a staff member or any of our procedures, you have right to file a grievance. A grievance can be filed in writing, by telephone or in person. You can obtain a copy of the center's Grievance Policy from any of our staff members and it is posted in the lobby.

Professional Code of Ethics

We expect all of our employees to conduct themselves in a professional manner at all times. Every employee is required to follow our code of ethics and conduct, which covers discrimination, privacy of patient information, professional relationships with patients, employee conduct and what to do if you believe one of our employees is violating this code.

The code of Ethics is available to all Patients and their availability to you should be reviewed at the onset of care. A copy of the codes of Ethics can be obtained from any staff member upon request and they are posted in the waiting area within each of our facilities.

Key Staff

Main Center – Administration

(803)641-7700

Tamara L. Smith, LISW-CP; MAC	Executive Director
Dr. Greg Smith	Medical Director
Bianca Otterbein, LPC/S, CACII, MAC	Clinical Director
Lee Bodie, BS	Center Business Administrator
Lisa Hall, LPC-A	Quality Assurance Director, Patient Advocate & Privacy Officer
Lisa Davis	Human Resources Assistant

Clinical Program Directors

April Kitchens, LPC/S, MAC	Program Director- Hartzog Center
Lacinda McCormack, LPC/S, MAC	Program Director-Polly Best Center
Jeffery Waddell, LPC, MAC	Program Manager- Crisis, Intake & Forensic Services
Karlin Cummings, LPC, MAC	Program Manager-Outpatient Services- Adults, Children, Adolescents & Family

Chance Nevitt, LPC, LAC

Program Manager
Community Rehabilitation
Services

Program Sites and Facilities

Main Center

1135 Gregg Hwy, Aiken SC 29801

Phone: (803) 641-7700 Fax: (803) 641-7713

Hartzog Center

431 West Martintown Rd, North Augusta SC, 29841

Phone: (803) 278-0880 Fax: (803) 278-6791

Polly Best Center

916 Reynolds Rd, Barnwell SC 29812

Phone: (803) 259-7170 Fax: (803) 259-2934

Wagener Medical Center

120 Louie St, Wagener SC 29164

Phone: (803) 564-5497

Community Organizations That May Be Helpful to You

NAMI of South Carolina

(800) 788-5131

Mental Health America of Aiken County

(803) 641-4164

SC SHARE

(Self-Help Association Regarding
Emotions)

(803)739-5712 or 1(800)832-
8032

Mental Health America

South Carolina

(803)799-5363



My Treatment Team

Therapist _____

Contact #: (____) _____

Care-Coordinator: _____

Contact #: (____) _____

Nurse: _____

Contact #: (____) _____

Psychiatrist: _____

Contact #: (____) _____

Other members of my Treatment Team:



Local Emergency Numbers

Aiken Barnwell Mental Health Center

(803)641-7700 or 1(800)-625-4108

Aiken & Barnwell County- Area Hospital Information

- ❖ **Aiken Regional Medical Center** at 302 University Pkwy, Aiken SC 29801 or call (803) 641-5000
- ❖ **Allendale County Hospital** at US-278, Fairfax, SC 29827 or call (803)632-3311
- ❖ **Augusta University Health** at 1120 15th St, Augusta GA 30912 or call (706)721-2273
- ❖ **Doctor's Hospital of Augusta** at 3651 Wheeler Rd. Augusta, GA 30909 or call (706) 651-3232
- ❖ **Trinity Hospital of Augusta** at 2260 Wrightsboro Rd. Augusta, GA 30904 or call (706)481-7000
- ❖ **University Hospital** at 1350 Walton Way, Augusta, GA or call (706)772-9011

